

## **YFM Coordinator Note**

**February 2026**

**Cassidy Meeks [Email](#)**

Greetings from chilly Minneapolis! I am encouraged by all the great happenings in Youth and Family Ministry and I celebrate each and every one of you holding the consciousness of uplifting Unity's young people! In many churches around our region, youth rooms are being cleared out, families are coming through the doors, and teams are welcoming them with open arms to receive spiritual upliftment and practical tools rooted in love.

I see the vision continuing to expand and know that there is support for you and your youth and family staff! While I am on a reduced work schedule through March 30th, the YOU regional officers and I are working on the upcoming retreats (watch for Unitreat registration opening this month!). Also, I would love to work with your ministry to facilitate a YFM training in 2026, so please reach out!

Meanwhile, Daryn Wells, LUT, has stepped in again to run the ministering with families calls, answer your YFM questions and connect you with resources. Huge gratitude to Daryn for answering this call! [Contact Daryn](#).

Warmly,

Cassidy