



LACD Invites You to Our Monthly

AUTISM MOMS COURAGE CIRCLE

For Mothers of Children on the Autism Spectrum

FREE PROGRAM!

Peer-led by Heidi Rome, Autism Mom Coach, this circle brings together moms of spectrum kids (of any age) to learn from each other, to celebrate victories, to share our stories, and to grow from the common experience of loving and living with our amazing children.

**ALL CIRCLES TO BE HELD ONCE A
MONTH ON A WEDNESDAY**

7:00PM-8:30PM

AT

**SENIOR/COMMUNITY CENTER
204 HILLSIDE AVE. LIVINGSTON NJ**

Email Heidi at heidi@msonj.com
for more information.

October 23
November 6
December 4
January 8
February 5
March 4
April 1
May 6

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