

INTERNATIONAL  
KOLISKO  
CONFERENCE

For teachers, medical  
practitioners, health  
professionals and  
parents

# STRIVING FOR IDENTITY

through the challenges of  
anxiety, stress and depression

14-17 July  
Taikura  
Rudolf Steiner  
School  
Hawke's Bay  
N.Z

FURTHER  
INFORMATION

[kolisko2021@gmail.com](mailto:kolisko2021@gmail.com)  
Facebook: Kolisko: 2021

## Welcome to Kolisko 2021

More children and young people today experience mental health difficulties than ever before. The stability and protection which allowed children the space and time to grow and develop on their path to adulthood is increasingly eroded by societal and family change along with the growing influence of technology and pressures of social media.

Trust in the world's truth, beauty and goodness is being challenged on many fronts as our attention is turned to meeting societal changes and crises. Lessening time for imagination, reflection and contemplation has altered the balance between the demands of the outer world and the developing self-identity.

The increasing pressure on teachers, parents and health professionals to intervene, remedy and heal means refinement or re-imagining about how we work in our individual situations.

Kolisko 2021 invites you to engage with us to work with the questions around the effects of stress, anxiety and depression on children and young people today. We have put together a comprehensive programme including keynote speakers, artistic and professional development workshops, interactive panel discussions and an artistic performance.

We hope the conference will spark new ideas for your own journey living and working with the children and young people in your care. We know we can make a difference as together we explore how to build the healthy foundation of childhood and adolescence within the world in which we live.

The Kolisko 2021 organising team

### Keynote Speakers



Dr Richard Drexel studied medicine at the University of Witten/Herdecke with specialisations in anthroposophic medicine, manual medicine, eurythmy therapy and classical homeopathy. Richard is a director and clinician at the newly founded Sophia Healing Centre in Hawkes Bay alongside his work in general practice in Napier.



Michelle Vette RN ANS PGDipHSc co-coordinates the Foundation Course in Anthroposophic Nursing at Taruna College alongside her work as a nurse at a busy general practice. She is currently doing research for her Masters in Nursing. Michelle is also the General Secretary for the Anthroposophic Society in New Zealand.



Mark Geard MAAT and MDes is a registered art therapist with a practice in Wellington. He also has experience working therapeutically with high-level offenders at Te Whare Manaakitanga, Rimutaka prison. Mark is a co-founder of Alamandria, a social initiative using meditation, mindfulness, artistic process, to relieve the stresses and challenges of daily life and to awaken personal insight.



Rev Hartmut Borries Born in Germany in 1961, Hartmut was ordained as priest of The Christian Community at the age of thirty. Since 1992 he has been living and working in Australia and New Zealand. Inspired by the life and work of Rudolf Steiner he has a keen interest to keep learning and developing. His hope is that you won't recognise him, should you have met once before.

# Morning Workshops

## 1. Eurythmy 1

The workshop offers the possibility to experience the polarities of inspiration & expiration, centre & periphery, self & other through movement.

**Facilitator: Sue Simpson** is a cofounder and tutor at the Pacifica College of Eurythmy training, Brisbane, Australia. She has a real enthusiasm for movement, especially eurythmy and has fostered this enthusiasm in people of all ages in a wide variety of settings.

## 2. Creative Speaking for the Listening Ear

We will investigate stance, orientation, breath and articulation, and then put them to use on verses and poems to strengthen the inner life.

**Facilitator: Robyn Hewetson** is the director of Well Spoken and has been creating enthusiasm for the spoken word for many years both within NZ and internationally.

## 3. Eurythmy 2: Eurythmy as a Task of our Time

The times we are living in demand inner awakening and re-orientation. We will use Eurythmy as a tool to illumine a pathway into the future we are co-creating now. The FSM and other devotional poetry will guide us on this quest for inner equilibrium and offer help for our endangered humanness and beyond. *"All things spread their wings - revealing the chamber of their heart" (G. W.)*

**Facilitator: Simone Hamblett** is the eurythmy therapist at Helios Integrative Medical Centre. She also teaches eurythmy at the Christchurch Rudolf Steiner School.

## 4. Bothmer Gymnastics

We will explore some of the fundamental core exercises for experiencing how our bodies move through space and in time.

**Facilitator: Dan Freeman** has taught Bothmer to people of all ages for many years both in NZ and internationally. He also leads training courses for Bothmer teachers.

## 5 Folk Dancing

The joy of dancing together has huge benefits both for social and mental well being. We will be dancing easy to learn dances, no previous experience required.

**Facilitator: Helen Stonehouse** is an experienced dance teacher, running classes in Irish step and English folk dancing, and has also taught dancing for a variety of courses and schools.

## 6. Music

We will explore rhythm and sounds through musical activities using our body as our Instrument.

**Facilitator: Gesa Zebe** is an anthroposophically trained music therapist from Berlin. She works at the Hohepa School in Napier.

## 7. Movement through Dynamic Line Drawing

Enjoy investigating this lively, mercurial technique to help make visible the invisible; working with the elements, balance and well-being.

**Facilitator: Margaret Mary Farr** is an artist and art therapist. She is the director of the Kairos Artistic Therapy Training.

## 8. Movement through Clay

We will explore the themes of contraction/expansion and metamorphosis using clay as our medium.

**Facilitator: Lut Hermans** is a founding member of the Aurora Collective. She has a private practice based in sculpture therapy and the Extra Lesson.

## 9. Te Whare Tapere

*Kia kawea tātou e te rēhia.*

*Let us be taken by the spirit of joy, of entertainment*

The Whare Tapere was the name given to sites used for entertainments such as storytelling, dance, music and games. In this workshop, you will learn waiata (song), waiata-a-ringa (action songs, and tikanga (protocols) connected with this art form.

**Facilitator: Troy Gardiner** has been teaching Te Reo Māori me ōna tikanga at Taikura RS School for the last 21 years. As a beginning for teaching Te Reo, Troy utilises song and movement, sharing his love of kapa haka that he grew up with as a child.

## 10. Speech and Drama

We will look at what can happen when we endeavour to speak artistically in a way that is inspired by the movement of a text. We will find how awareness of the breath as a speech technique can be therapeutic; and do individual imaginative work to create characters who can interact with other characters in improvised situations.

**Facilitator: Michael Burton** a writer, speech performer, actor, speech therapist and voice teacher.

## 11. Mahi Raranga (Flax weaving)

This workshop will introduce you to mahi raranga/flax weaving through its tikanga/protocols pertaining to its application. You will leave the workshop with a completed woven taonga-a kete or creative art piece.

**Facilitator: Te Kaahurangi Maioha** is a Hawkes Bay artist of Ngāpuhi and Tainui descent. She has been teaching Mahi raranga for many years.

## Kōhiko 2021 Striving for Identity

Wednesday July 14-Saturday July 17 Takura Rudolf Seiner School Hastings

|                   |   | Wednesday 14 | Thursday 15  | Friday 16  | Saturday 17                                  |
|-------------------|---|--------------|--|--|--|
| <b>9am</b>        | Registration Opens<br>Please split your conference pack from the auditorium foyer         | 8:30-9:00am  | Verse and Song/Auditorium  |  |  |
|                   |   | 9:00-10:15   | Keynote Address- Auditorium<br>Michelle Verie                                  | Keynote Address- Auditorium<br>Mark Gerard   | Keynote Address- Auditorium<br>Hurnut Bories |
|                   |   | 10:15-10:45  | Reflection and Mindfulness   |  |  |
|                   |   | 10:45-11:30  | Morning Tea  |  |  |
| <b>11:30</b>      | Pōwhiri welcome<br>Conference Opening<br><i>Auditorium</i>                                | 11:30-1:00   | Morning Workshops<br><i>Various classrooms</i>                                 |  | 11:30-12:30<br>Morning Workshops             |
| <b>12:30-2:00</b> | Lunch   | 1:00-2:30    | Lunch  |  | 12:30<br>Conference Conclusion               |
| <b>2:00-3:30</b>  | What's it Really Like at the<br>Coast?<br>Pechia Kucha presentations<br><i>Auditorium</i> | 2:30-4:00    | Afternoon Workshop<br><i>Various classrooms</i>                                |  |  |
| <b>3:30-4:00</b>  | Afternoon Tea   | 4-4:30       | Afternoon Tea  |  |  |
| <b>4:00-5:30</b>  | Afternoon Workshop<br><i>Various classrooms</i>   | 4:30-5:30    | Panel Discussion<br><i>Auditorium</i>  |  |  |
| <b>5:30-7:00</b>  | Dinner  | 5:30-7:00    | Dinner   |  |  |
| <b>7:00-8:15</b>  | Keynote Address<br>Dr Richard Drenell<br><i>Auditorium</i>                                | 7:00-8:30pm  | Meeting Time<br>For Medical, Early Childhood and<br>Education and other groups | Shoē Bro'<br>by Rob Mōkaraka<br>A healing true story about a very<br>real fight with a tuber and<br>depression |  |

Presenters subject to change, every effort is made to ensure content stays the same.

# Afternoon Workshops

## 1. The Outdoor Classroom

In this experiential workshop we will work with games, song and storytelling along with fire making, pottery and bushcraft in the most basic, easily duplicated conditions imaginable. Involving children in these universal human activities opens a powerful window of possibilities for them. With a small gesture they transform from users to makers, from observers to doers, from dependency to self-sufficiency. Whole process learning is one of the core values of the Outdoor Classroom-an integrated, practical skills learning initiative.

**Facilitator: Luis Bernal** leads the outdoor classroom programme at Michael Park. Mexican born, he has been learning the Kiwi ways in search of the spark that will light up and transform our education systems.

## 2. By Cultivating Imagination, Inspiration and Intuition We Foster Moral Strength and Health

Children naturally live in a world of imagination and creativity. This world is increasingly threatened by the influence of modern technologies and social media. Inspired by the lives and works of Benjamin Franklin and Johann W. von Goethe we will explore several ways of finding a healing response to stress, anxiety and depression.

**Facilitator: Hartmut Borries** has a keen interest in how the human being meets and develops through the challenges that life brings. His therapeutic work involves discovering how healing and growth can be part of this process. Hartmut is a priest in the Christian Community.

## 3. The Child Study: Loving Research at the Heart of Waldorf Education

The Child Study gifts the opportunity to understand our students in a deeper and more conscious way, through spiritual insight. It offers a forum of collegial collaboration where we can discover ways to support the education of the whole child.

In these sessions we will clarify the Child Study process, understand how we can work in collaboration with the spiritual world and investigate the practical ways in which we can view and support

the child in the light of Rudolf Steiner's picture of the human being.

**Facilitator: Darryn Breakwell** is a class teacher and passionate advocate for the Child Study as a pedagogical tool to improve the well-being and developmental outcomes of students.

## 4. The Inspiring Challenge of Working with Adolescents

Puberty brings an enormous amount of physical change alongside the birthing of the astral body. The pedagogical demands also change to accompany the adolescent's widening orientation within family, school and society. We will investigate ways to support these challenging changes by looking at examples of artistic, environmental and ecological projects from other locales. Developing social/emotional aspects to the High School curriculum will also be presented and discussed. Please bring a flash drive for a copy of take home materials.

**Facilitator: Edith Bulle** is a consultant in Development Learning Support and has taught in a wide variety of international settings in roles in special education through to teacher trainings. Her current work is focused on the special character of Steiner schools as part of her PhD studies. She is keen to share her experiences with you.

## 5. Writing Poetry as a Path of Creativity, Discovery and Therapy.

Many people have learned it can be healing to sit quietly in the midst of life's activity and try to express some of their experience in words. Writing can bring a feeling of validation and connection, potentially leading to deeper levels of consciousness.

We will work on a variety of possibilities to create such a method for oneself. We will practice writing in this way, followed by a sharing of our efforts (or keeping them private if you prefer).

**Facilitator: Michael Burton** has a degree in drama from Auckland University and has completed a training in speech with Virginia Brett in Dornach, Switzerland and Hawaii. Since 1988 he has practiced artistic speech and drama in various ways –

## Afternoon Workshops continued

as a writer, speech performer, actor, speech therapist and voice teacher.

### 6. How can we maintain our enthusiasm and compassion when working at the coalface?

An interactive and experiential workshop for anyone continually facing problems and crisis situations in their workplace. Ours is a demanding task of service assisting in the development and growth in others/ourselves—often intermingled within bureaucratic restraints and risk issues. How can I individually and/or we as a team, give this service with ongoing compassion, love and enthusiasm rather than becoming overwhelmed or burnt-out? Which sources can be drawn upon and what means are there to maintain and even increase enthusiasm?

**Facilitators:** **Dr Rene de Monchy** and **Elisabeth Vontobel**. Rene is a consultant psychiatrist in Tau-ranga and Elisabeth is a psychotherapist in private practice.

### 7. Technology, the Internet and the Future of Human Beings

Why is digital media in all its forms so addictive? What influence does it have on body and brain function, on our emotions, thinking and general health? The workshop will explore the wonders and wisdom of human embryology as an antidote to the power of this technology; and then use this understanding to create preventative steps towards maintaining wellbeing.

**Facilitators:** **Drs Richard Drexel** and **Helen Proctor** studied medicine at the University of Witten/Herdecke with specialisations in anthroposophic medicine, manual medicine, and classical homeopathy. Richard is also an eurythmy therapist. Helen is qualified in the Art of Curative Eurythmy. After practicing for many years in Hamburg. They both work as GP's in Hawkes Bay.

### 8. Ko Wai Au (Who am I)?

Exploring identity through pepeha, story, pūrākau, fairy tales and art. In this workshop we will use drawing and wet on wet painting to explore the question of identity and the many

forces and meetings within its development.

**Facilitators:** **Margaret Mary Farr** is an artistic therapist and director of the Kairos Artistic Therapy training.

**Raina Ferris** is a kaikaranga of Ngāti Kahungunu iwi. **Marjorie Theyer** is a well known ECE mentor and storyteller.

### 9. Letting the Light In Using Holistic Biography Processes

During adolescence human beings take up their individual journeys of karma and destiny. The soul faculties of thinking, feeling and willing develop in relation to the body and to the world. This workshop will provide opportunities to penetrate the changes which happen during adolescence through the directed review of our own experience, before extending our new understanding to working with those in our care.

**Facilitator:** **Jocelyn Freeman's** work as an anthroposophic nurse is deeply enlivened by her work in adult education using the Inner Schooling Course and her training in Biography Consultation with Karl Heinz-Finke. She uses a process centred exploration based in questioning, reflecting and expressing events in our personal life which also resonates with the journey of wider humanity.

### 10. The Art of Te Whare Pora

In this wānanga (space of learning) we will explore the tikanga and learn to weave simple articles that can be transformed by our imagination. Rāranga (weaving) is about sharing parts of ourselves, as we sit and weave the stories we share manifest in the taonga created by our hands.

**Facilitator:** **Troy Gardiner** has been a weaver of harakeke for the last 30 years. He is passionate about this art form, as it is a taonga that was gifted from the gods, carried by the ancestors, and alive and taught today to those open to learning.

### 11. Sun in Heart: Soul Nourishment in an Age of Crisis

This workshop focuses on developing a wellbeing and meditation practice for self-care through

deepening the experience and empowerment of the 'essential' self. Some of these practices will also be useful for therapy clients, from teens to adults. The workshop includes artistic work, movement, visualisations and meditation.

**Facilitator: Mark Geard** is a registered art therapist with a practice in Wellington. He also has experience working therapeutically with high-level offenders at Te Whare Manaakitanga, Rimutaka prison. He is a co-founder of Alaman-dria, a social initiative using meditation, mindfulness, artistic process, to relieve the stresses and challenges of daily life and to awaken personal insight.

### **12. Experiencing Polarity as a Fundamental Issue of our Time**

This activity based workshop will use the Point and Circle imagination as a practical tool to deepen our understanding of the human experience of polarity and polarisation. We will explore the potential fragmentation through polarisation at an individual and social level and seek to answer the accompanying question of how to find healing and balance. How do I/We care for the Body, Soul and Spirit and come to an holistic approach for the individual and the social question of: You and I = We?

**Facilitators: Trisha Glover** and **Alfred Busch** work at Hōhepa with many years of experience in the disability sector. Both believe in the wisdom, knowledge and inherent powers for healing contained within everyone. Trisha is a counsellor and adult educator and Alfred is a eurythmy therapist, teacher and farmer.

### **13. Listening and Speaking**

This will be an active class using the spoken word to develop a love of language, increase listening skills as a diagnostic tool and learn some key speeches and poems to practice the work. Look forward to an interactive, enlivening and life changing experience.

**Facilitator: Robyn Hewetson** trained at the London School of Speech Formation. She brings enthusiasm, creativity and a great love of the Word to her work. She is the director of Well Spoken and also teaches internationally.

### **14. Connecting to Ourselves and Nurturing Stillness in our Lives**

What do children need to confront the challenges in uncertain times? What tools can we forge for the children in our care? How are our busy lives affecting children's souls with their stress and anxiety? What can we do together as adults to promote healing and enlightenment in order to overcome fear? By using stories based on work experience and fairy tales, along with breathing, body awareness and other creative tools, we will take the daily conference theme and immerse ourselves in an experience of deep listening in order to find and connect with the wisdom that is in our inner selves.

**Facilitator: Laura Hurtado-Roberts PhD**, is a holistic counsellor and Extra Lesson® practitioner with years of experience working with parents, children and young people in private practice and in parent organisations. She has taken the experience of her work inspired by the therapeutic approach of Waldorf education into the community in the Wellington region.

### **15. What can we offer when gender and identity are too fraught for our youth to live with?**

If we listen closely we can hear our young people calling for new forms and forums for exploring their developing individualities. The world demands more and differently of them than ever before. How can we help them search for meaning and identity in a world that assails them with untrue images of the 'perfect self', an impenetrable jungle of distraction and heart-chilling meaninglessness.

**Facilitator: Cheryl Prigg** was a class teacher for 16 years before becoming a priest in the Christian Community. She is based in Auckland.

### **16. The Four R's of Learning: Regulation, Resilience, Relationship and Reason**

Children suffering difficulties in relationships and communication accompanied by anxiety and stress frequently have challenges in underlying sensory integration and motor planning skills. We will explore the 4 R's and their importance as building blocks to the learning process. We will use the 12 senses as the foundation for our exploration. Regulatory strategies for young chil-

## Afternoon Workshops continued

dren through to young adults will also be discussed and experienced along with other tools to counter the dis-regulation which gives rise to the anxiety, depression and distress experienced by so many young people today.

**Facilitators: Robyn Ritchie** and **Emma Ratcliff** are experienced Paediatric Occupational Therapists in independent practice. They work with children experiencing difficulties in sensory integration, co-ordination and learning problems.

### 17. Form drawing: Breathing the Line.

This will be a practical workshop using a range of media to help participants experience how movement creating form has its imprint on the inner soul life and on the development of the senses. We will explore a variety of archetypal forms, their dynamics and the process of teaching them so that they may become healing gestures.

**Facilitator: Rosie Simpson's** passion for the art of Form Drawing as a therapeutic and health promoting tool for both students and teachers grew through her practice and observation teaching at Hohepa Home School and as a Taikura Class teacher. She is currently programme director of Taruna College's Certificate in Rudolf Steiner Education, and faculty member of other courses offered there.

### 18. The Art of Language

We will celebrate the creative power of oral language and how working artistically with the spoken word can lay a solid foundation for developing writing skills. We will work with the art of language—developing an "ear" for the rhythm, music, and structure of language and use this as a basis not only for creative writing but also for other literacy skills.

**Facilitator: Bernadette White** is a class teacher and teacher-trainer with many years of experience. Her great love of poetry, literature, and mythology led her to develop the Art of Language work for use in the classroom.

### 19. Freeing Children From Their Enslavement to Fear

All negative behaviour is the child's attempt to control their anxiety and be safe. This workshop will give concepts and tools for managing the myriad forms of reactive behaviour in children including escape, spinning out, attack, defend, shut-down...to name a few. You will learn how to positively birth and grow resilience in the True Child as opposed to feeding and compounding the necessarily self-focused and impulsive behaviours of the fight/flight response. By knowing what approach to use and when, the stuck cycles of obsession and aversion that subjugate the True Child can be broken.

**Facilitator: Nurse, midwife and educator, Mary Willow** is the founder of Plum Parenting, a service providing one-on-one mentoring for parents and teachers. Since 2007 she has worked intensively with hundreds of families and lectured internationally on child development, parenting and positive transformation of the reactive child.

## Pecha Kucha Presenters



Kaydy-Moana Jones Ko Ngāti Kahungunu rāua ko Rongomai-wahine ōku iwi, is a registered social worker at a youth health centre here in Kahungunu working with young people from 10-25 and their

whānau.



Levi Walford no te Clay, no Nga Nuhaka te pito o Te Wairoa, Turanganui-a-Kiwa me Te Mahia hoki, i whakatipu Levi i tona kainga i roto i te whenua o Heretaunga. Levi paddles in many waka, but each of their focus is on creating

opportunities and environments where rangatahi can thrive within Te Matau a Maui.



Te Aroha Hunt no Te Arawa me Kuki Arani no Ngati Hineuru me Taranaki is the Smokefree Maori Support worker & Tuai Kopu Coordinator at the HBDHB. She works with young people, at risk youth, Maori wahine and

wahine hapū. and their whānau to achieve their well-being goals.



Dr Anna Ritchie is a GP with a post graduate diploma in Child Health. Anna works at New Brighton Healthcare in Christchurch. She has a wide spectrum of patients and enjoys working with families and patients affected by mental health concerns.



Kelly Sutton has been a class teacher at Taikura for many years. She is a mother to two boys and the grandmother to one.

## 'Shot Bro'



We are excited to bring you well know New Zealand actor and playwright Rob Mokaraka's play **Shot Bro: Confessions of a Depressed Bullet** as part of the conference.

In 2009, Rob had undiagnosed depression which resulted in him being shot by police in an attempted suicide.

Shot Bro is the product of Rob's journey of healing and self-discovery. It is a powerful, raw, authentic one-man show that exposes, shares and discusses the effects of depression.

Using comedy, heart and truth, Rob skilfully leads the audience through his experiences with depression, allowing them to find a breath during the after-show forum. At the core of Shot Bro is Rob's personal journey, one that can help others and alleviate the stigma attached to mental health. Its aim is to provide people with a safe way to discuss mental health and depression.

Depression affects all persons regardless of race, gender, age or socio-economic circumstance. The play is a creative tool for addressing depression that does not seek to supplant, but rather to supplement, traditional models of therapy and positive expression.

After the play we will have time for discussion about the play and his experiences with Rob over a cup of tea.

The play will be held in the auditorium and is open to the wider community. Tickets may be purchased on the night at the door for \$20. Eftpos is not available.

## What is a Kolisko conference?

Kolisko conferences are named in honour of Dr Eugen Kolisko (1893-1939) and began in 1989 on the 50th anniversary of his death.

Dr Kolisko's early career as a medical doctor and professor of medicinal chemistry at the University of Vienna metamorphosed after he agreed, following repeated requests and despite his family's overwhelming opposition, to join the new Waldorf school movement as a class teacher.

During his 14 years at the school Eugen lived deeply into the question of how to create a truly healthy education for the school's children that would serve their development in body, soul and spirit. He worked closely with Emil Molt founder of the first Waldorf School in Stuttgart along with the first school's faculty on these questions—often following suggestions given by Rudolf Steiner during his school visits. Of special interest to Eugen was how the curriculum could be used as a preventative medicine serving as a healthy foundation for each child's developing soul and spiritual life. Much of his work focused on using the arts as powerful tools for supporting child development. He was also instrumental in developing the role of the School Doctor.

Eugen was forced to leave Germany in 1936 in the preamble to World War II and he immigrated to London. He continued his teaching work along with lecturing widely and writing on a wide range of topics in the three years before his sudden death.

The conferences are an opportunity for educators and health professionals to work together-across professional boundaries on a question of contemporary childhood/adolescence. Over time they have evolved to include a wider range of professionals hoping to further develop their own work based on collaboration and cross fertilisation of ideas and practices with a body of colleagues sharing similar questions.

Once in olden times, there lived in the souls of the Initiates  
Powerfully the thought  
That by nature, every human being is ill.  
And education was seen as a healing process  
Which brought to the child as it matured,  
The health for becoming a true human being.<sup>1</sup>  
Rudolf Steiner

<sup>1</sup> Mantrische Sprüche: Seelenübungen II (GA268, p. 304)



# Conference Information

**Registration:** Please register for the conference at <https://www.trybooking.co.nz/GOK>

You will sign up for your morning and afternoon workshop as part of the registration process. If the workshop is not listed, it has reached its enrolment capacity so please make a second choice. For waiting list details email [kolisko2021@gmail.com](mailto:kolisko2021@gmail.com)

**Fee:** Early Bird (\$360 GST inc) your registration must be received and paid for by Thursday April 30. Registrations received after that date will pay the Regular \$410 (GST inc) conference fee. Registrations close on Sunday July 4.

**Cancellations:** Cancellations must be received in writing no later than 23 June. Payment will be refunded less \$50 for administration costs. If cancellation is received after 23 June no refund will be given, however you may transfer your registration to another person after confirming the transfer with us by email.

The conference will only proceed at Alert Level 1. If the conference is forced to cancel because of restrictions on gathering size or other requirements, your registration fee will be refunded.

**Accommodation:** Hastings has accommodation at motels, backpackers and through AirBnB and other private accommodation sites. Limited billeting is also available, please email Corrie Levick at [corrie.levick@gmail.com](mailto:corrie.levick@gmail.com) to register your interest and for help with billeting.

**Location:** The conference takes place at Taikura Rudolf Steiner School, 505 Nelson Street North in Hastings.

**Getting There:** The main entrance to the school is through the gate by the crosswalk on Nelson Street. Car parking is available: on the roads around the school, immediately across from the main entrance on the grassed lot, or in the small carpark in front of the eurythmy hall. Please do not park anywhere else within the school grounds. Taikura House parking is for tenants only.

**Arrival:** Please enter through the main school entrance on Nelson Street and follow the signs to the auditorium to pick up your enrolment pack in the auditorium's foyer. Most sessions take place in the auditorium. The workshops will be in school classrooms. Please see your registration pack for individual details.

**Stalls and Displays:** There will be displays and a variety of stalls at the venue. Expressions of interest from potential stallholders are welcome. Please contact [edith.vandermeer@gmail.com](mailto:edith.vandermeer@gmail.com)

## The conference gratefully acknowledges the support of:

The Pedagogical Section in New Zealand  
The Anthroposophic Medical Association in New Zealand  
Steiner Education Aotearoa New Zealand (SEANZ)  
Waekura  
Weleda Charitable Trust  
Weleda New Zealand

**Conference Organisers:** The conference organisers come from a range of professional backgrounds from education to health. Experienced conference organisers, they share a common interest in regaining the health and well-being of the modern child.

Michelle Vette  
Edith van der Meer  
Jean McGavock  
Kathy MacFarlane  
Mary Green