**YouTube Video Instructions**

Each candidate is required to submit a 2-minute YouTube video introducing themselves. This video provides our Academy Nomination Selection Board with an opportunity to learn more about you. In your video, share details about yourself, your hobbies and interests, and your motivation for attending a Service Academy.

To ensure privacy, upload your video to YouTube as unlisted, which means only those with the link can view it. Follow the instructions below to upload an unlisted video and email the link to self.nominations@mail.house.gov once complete.

**How to Post an Unlisted YouTube Video**

1. **Sign in to Your YouTube Account**
   * Go to [www.youtube.com](http://www.youtube.com) and sign in using your Google account.
2. **Click on the Camera Icon**
   * At the top right corner of the page, click on the camera icon with a “+” sign (labeled “Create”).
   * Select **Upload Video** from the dropdown menu.
3. **Choose Your Video File**
   * Drag and drop your video file into the upload box or click **Select Files** to browse for your video on your device.
4. **Add Video Details**
   * Enter the video **title** and a brief **description** (optional). These fields help you organize your video but are not required for the submission.
5. **Select “Unlisted” Privacy Setting**
   * Scroll down to the “Visibility” section.
   * Choose **Unlisted** to ensure that only those with the link can view the video.
   * Avoid selecting **Public** (visible to everyone) or **Private** (requires permissions to view).
6. **Finish Uploading**
   * Click **Next** and proceed through the optional settings (such as adding an end screen or cards). You can skip these steps if they’re not needed.
   * On the final screen, click **Save** to upload your video.
7. **Copy the Video Link**
   * Once the upload is complete, YouTube will generate a link to your video.
   * Copy this link by clicking the “Copy” button or highlighting and copying the URL.
8. **Email the Link**
   * Paste the video link into an email and send it to **self.nominations@mail.house.gov**.
   * Double-check to ensure the link works before sending it.