

# **Welcome to Shabbat Hachodesh, Parshat Vayakhel-Pekudei at Anshe Sholom B'nai Israel Congregation**

**March 20 – 21, 2020 • 25 Adar 5780**

**Please keep an eye on emails from ASBI. All of the  
most up-to-date information can be found at  
[asbi.org/updates](http://asbi.org/updates).**

Recite Evening Sh'ma: March 20, after 7:44 PM  
Latest time to recite Morning Sh'ma: March 21, 9:54 AM

The Molad for Rosh Chodesh Nissan is Tuesday, March 24, 11 halakim after 10:14 AM. Rosh Chodesh Nissan is celebrated on Wednesday.

**[Click here](#)** to read a Shabbat Sermon by Rabbanit Sarna: "The Beams of the Shul Stand".

## **Readings for Shabbat Hachodesh, Parshat Vayakhel-Pekudei**

### **Torah:**

*Exodus 35:1-38:20*

Hertz: Page 373

Kaplan: Page 464

Stone: Page 516

JPS Commentators: Page 313

### **Maftir:**

*Exodus 12:1-20*

Hertz: Page 253

Kaplan: Page 308

Stone: Page 348

### **Haftorah:**

*Ezekiel 45:16-46:18*

Hertz: Page 1001

Kaplan: Page 1282

Stone: Page 1218

## ANNOUNCEMENTS

**Mazal tov to Donna and Bill Moritz** on the birth of a baby boy. If you would like to help with meals, please visit [TakeThemAMeal.com](http://TakeThemAMeal.com). We encourage those bringing meals to use precautions such as careful hand-washing during food preparation, not bringing a meal if you are feeling unwell, and limiting contact when dropping off your meal. May this child's life be filled with the insights of Torah, the warm and supportive love of family and community, and the blessing of good deeds!

**Mazal tov to Melissa and Yoni Kaufman** on the bris and naming of their son, Avraham Mordechai Simcha. If you would like to help with meals, please visit [TakeThemAMeal.com](http://TakeThemAMeal.com). We encourage those bringing meals to use precautions such as careful hand-washing during food preparation, not bringing a meal if you are feeling unwell, and limiting contact when dropping off your meal. May this child's life be filled with the insights of Torah, the warm and supportive love of family and community, and the blessing of good deeds!

**We regret to inform you** that there were casualties among US Air Force and Army forces in Iraq last week. Please remember these service members in your davening on Shabbat: Army Specialist Juan Covarrubias, age 27, of Hanford, California, and Air Force Staff Sergeant Marshal Roberts, age 28, of Owasso, Oklahoma.

## ANSHE SHOLOM TRIBUTES

### In Memory

Orley & David Desser in memory of Batia Clevs, a"h  
Sara Thobe in memory of Cash Crooks, a"h

### Yahrzeit

The Passman Family, in loving memory of David's sister, Mary Jane Passman, a"h  
Jacques Aaron Preis & Evelyne Salama in memory of Sara Preis Sloss, a"h

*Donations received after March 18 may be listed in next week's bulletin. Many thanks for these generous donations.*



### **Sale of Hametz**

Fill out a Sale of Hametz form to authorize Rabbi Wolkenfeld as your agent to sell hametz in your possession.

To complete a Sale of Hametz form online, visit [asbi.org/hametz](http://asbi.org/hametz). Forms must be submitted by 4:00 PM on Tuesday, April 7.

## KEEP AN EYE ON YOUR EMAIL FOR A PESACH 5780 UPDATE!

This year, we are pleased to be able to offer Seders-To-Go for families and individuals. Watch your emails for more information on how to place your seder order!

Due to the last-minute nature of this project, order forms must be filled out by this Monday, March 23, at 11:59 PM. Late orders cannot be accepted.

If you would like to help cover the cost of Seders-To-Go for our community, sponsorship opportunities are available. Visit [asbi.org/donate](http://asbi.org/donate) and select "Seder-To-Go Sponsorship" to participate.

# UPCOMING VIRTUAL EVENTS

- **Erev Shabbat L'Chaim & Ruach Zoom Dance Party**

**Friday, March 20, 5:15 PM**

Adults - join Rabbanit Sarna and Rabbi Wolkenfeld for a L'Chaim at 5:15 PM, followed by a virtual Erev Shabbat Dance Party from 5:30 - 6:00 PM - open to everyone! Join via Zoom at <https://zoom.us/j/9248979279>.

- **Motzei Shabbat Havdala with Skokie Valley**

**Saturday, March 21, 8:00 PM**

Join other ASBI Members and our friends at Skokie Valley Agudath Jacob for a joint Havdala over Zoom! Join at <https://zoom.us/j/9248979279>.

- **High Tea with Rabbanit Sarna**

**Sunday, March 22, 4:00 PM**

BYO Tea & Crumpets! Join via Zoom at <https://zoom.us/j/9248979279>.

- **Introduction to Jewish Life & Practice**

**Monday, March 23, 7:30 PM**

Join Rabbi Wolkenfeld for this ongoing class on the fundamentals of Jewish life and practice, for those interested in conversion to Judaism & open to all in the community. New participants are always welcome. Join via Zoom at <https://zoom.us/j/9248979279>.

- **Advanced Talmud Shiur**

**Monday, March 23, 8:45 PM**

Those with some experience reading rabbinic texts are invited to join Rabbi Wolkenfeld for a Gemara Shiur on Monday evening. No preparation is expected and all are encouraged to join, but the shiur will be pitched towards those with some prior experience reading Talmud and rishonim. Join via Zoom at <https://zoom.us/j/9248979279>.

- **Tuesday Night Tehillim Gathering**

**Tuesday, March 24, at 7:45 PM**

In times like these it is more essential than ever that we come together to raise up our voices in prayer. You can find a list of Psalms for the Tehillim Zoom gathering here: [www.sefaria.org/sheets/224498](http://www.sefaria.org/sheets/224498). Join via Zoom at <https://zoom.us/j/9248979279>.

# UPCOMING VIRTUAL EVENTS

- **Virtual Seder Summit**  
**Tuesday, March 24, 8:00 PM**  
Join Rabbi Wolkenfeld for a Seder Summit via Zoom at <https://zoom.us/j/9248979279>.
- **929: Unsung Heroes of Tanakh: Devorah, Nurse of Rivka/Rebecca with Sarah Palmer & Rabbi David Russo**  
**Wednesday, March 25, 7:30 PM**  
Unsung Heroes of Tanakh explores oft-overlooked characters whose impact was greater than we typically give them credit for, with unique perspectives from two teachers. In partnership with 929 (929.org.il) and Anshe Emet Synagogue.  
Join at <https://zoom.us/j/828681150>  
Meeting ID: 828 681 150
- **Mental Health Space for Parents**  
**Wednesday, March 25, 9:00 PM**  
All parents are invited for an opportunity to discuss daily challenges you are facing, facilitated by Sharon Jedel, PsyD. Join via Zoom at <https://zoom.us/j/9248979279>.
- **Pesach Q&A with Rabbi Wolkenfeld**  
**Thursday, March 26, 8:00 PM**  
Need help preparing for Pesach? Join Rabbi Wolkenfeld for a Pesach Q&A at <https://zoom.us/j/9248979279>.
- **Virtual Daily Mishnah Learning**  
**Monday - Friday at 7:30 AM and Sunday at 8:30 AM**  
Everyone is invited to join Rabbi Wolkenfeld to learn Mishnayot. We will be learning the Mishnayot of Tractate Shabbat, [found here](#). This learning is designed specifically for those who are missing Kaddish due to the cancellation of our Minyanim. The learning will be dedicated to the memory of all the Yahrtzeits in our shul as well as all the people on our daily Kaddish list. Participants will be invited to share names of anyone they are mourning, remembering, or davening for through our joint learning.

Join in this learning through our Zoom Meeting at <https://zoom.us/j/9248979279> | Meeting ID: 924 897 9279

# EVENT CANCELLATIONS

- All minyanim (Shabbat and weekday) are suspended until further notice, as well as Kiddush, Shalosh Seudot, Youth Tefillah Groups, and Daf Yomi.
- Open Gym (until further notice)
- Mishmar participants will be notified about future weeks.
- Cholent Cook-Off on March 21
- Parent/Child Learning on March 21
- ASBI Children's Chess Club on March 21
- Pre-Pesach Boilathons on March 22 & March 31 - stay tuned for a Boil-at-Home guide!
- Israel Movie Night on March 23
- JVS Chicago Job Club LinkedIn Seminar on March 25
- Young Professionals Dinner on March 27
- Rabbi Shmuel & Judy Klitsner Scholar-in-Residence Shabbat, March 27 - 28
- Second Night Seder at Shul on April 9
- The Kelim Mikvah is closed until further notice.

Have an idea for fun, supportive, or meaningful virtual programming? Contact Rabbanit Sarna at  
[Rabbanit@asbi.org](mailto:Rabbanit@asbi.org).

## **Resources for Support:**

If you are experiencing increased symptoms of anxiety or depression and would like a confidential referral to a mental health professional at this time you can contact the following ASBI Members:

Sharon Jedel: [s\\_jedel@hotmail.com](mailto:s_jedel@hotmail.com) or 312-351-3100

Amy Pappas: [AmyPappasLCSW@gmail.com](mailto:AmyPappasLCSW@gmail.com) or 773-340-1450

### **Mental Health Coping Strategies, from Sharon Jedel PsyD:**

The Covid-19 pandemic has caused an abrupt and radical change in our daily lifestyles. Many people are experiencing significant anxiety about all of the uncertainty regarding our health and safety. There is also a huge amount of information being disseminated online. I wanted to recommend [THIS LINK](#), from the CDC website, regarding mental health and coping during Covid-19. In addition to general information about mental health and coping strategies, there is specific information for parents, responders, and people who have been released from quarantine.

### **JCFS Recommended Reading for Parents:**

JCFS recommends the following publication for “Talking with Children During Infectious Disease Outbreaks”: <https://store.samhsa.gov/product/Talking-With-Children-Tips-for-Caregivers-Parents-and-Teachers-During-Infectious-Disease-Outbreaks/PEP20-01-01-006>.

## **SIDDURIM SPONSORSHIP OPPORTUNITY**



In the coming months, the shul will purchase 300 copies of the new “Shalem” edition of the Koren-Sacks Siddur. When they are added to our current stock of Koren-Sacks siddurim, we will have enough copies of this siddur to meet our needs even when the numbers of worshipers swell for a simcha or other special occasion.

Our hope and expectation is that these new siddurim will be used for the next decade or more by hundreds and thousands of worshippers.

We invite you to honor your family, friends, and loved ones and to support the spiritual life of the shul by dedicating one or more siddurim, or making a donation towards the purchase of siddurim.

**The cost to dedicate a siddur is \$54. To participate in this special sponsorship opportunity, please visit [asbi.org/siddurim](http://asbi.org/siddurim).**

## **YP Email List Sign-Up**

Want to stay up-to-date on upcoming events and opportunities for ASBI Young Professionals? Join our YP email list! We'll send you occasional emails to let you know what's coming up in the ASBI YP community.

**Sign up now at [asbi.org/yp-list](http://asbi.org/yp-list).**

## **Prayer for the United States and Its Government (based on "deSola Pool Siddur")**

God on high, bless this our country, the United States of America, and all who dwell therein. Bless the constituted officers of government of this land. Set into their hearts the spirit of wisdom and understanding to uphold peace and freedom.



## Rabbi David Wolkenfeld

[RabbiW@asbi.org](mailto:RabbiW@asbi.org)

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**Barbara Pietruski**

Custodian

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Gabbayit: Karli Salinger

Adam R. Straus Memorial Mikvah: [mikvah.asbi@gmail.com](mailto:mikvah.asbi@gmail.com)

## Dedications and Donations

Anshe Sholom B'nai Israel Congregation is indebted to Judge Abraham Lincoln Marovitz, a"h, for his generosity to the synagogue and to the Marovitz Scholarship Fund.

The George Kranzler Library of Judaic Classics is donated in loving memory of Mr. George Kranzler by the Kranzler and Saltzman families.

The Learning Center was dedicated on 29 Av 5761 in memory of Rose and Dr. Abe Aaronson who inspired us in learning and charity.

There is a sense of wholeness and artistic integrity in our sanctuary, thanks to our beautiful stained-glass windows on the east wall, dedicated in memory of Bernard Preis, a"h.

The windows on the south wall are dedicated in memory of George Friedman, a"h.

The Louis A. Lerner Institute of Torah Texts sponsors all of the Torah text classes at ASBI.