



RUTH FROST PARKER  
CENTER FOR  
ABUNDANT AGING

In the season of epiphany and in the footsteps of the sages, we offer this retreat for those in ministry with older adults to reflect on the significance of our own aging and provide tools for your ministry with older adults. Join us for this special event as the new year begins.

## WISDOM CONVERSATIONS: Our Narratives of Aging

Jan. 7, 2019 | 9:30 a.m. to 4:00 p.m.

Registration begins at 9:00 a.m.

Pre-Events: Jan. 6 | 7:00 to 9:00 p.m.

Water yoga, chair massage, reception and conversation

Cost: \$50 through Dec. 6  
\$65 after Dec. 6

Lunch and pre-event opportunities are included.

Space is limited to 50 participants.  
Registration deadline: Dec. 24



### Keynote Speaker

### Dr. Paula E. Hartman-Stein

Paula E. Hartman-Stein, PhD, is a nationally recognized clinical psychologist specializing in aging, as a healthcare educator, journalist and creative writer. After working as a clinician in northeast Ohio for most of her career, Dr. Hartman-Stein offers seminars on aging issues and narrative gerontology. Broadening her promotion of the power of the pen to community and professional groups, she uses narrative as a holistic approach to optimal aging.

### Featuring Zoom Conversation with Parker Palmer

Parker J. Palmer is a writer, teacher and activist. The founder and senior partner emeritus of the Center for Courage & Renewal, he has written 10 books, including the bestselling "Let Your Life Speak," "The Courage to Teach," "A Hidden Wholeness" and "Healing the Heart of Democracy." His most recent book is "On the Brink of Everything: Grace, Gravity and Getting Old."

### To register, visit:

[wisdomconversations.eventbrite.com](http://wisdomconversations.eventbrite.com)

Discounted rooms can be reserved  
The Hampton Inn, Sandusky-Central,  
6100 Milan Road, Sandusky, OH 44870,  
with the code GUESTS-UTD.

### Questions?

Contact Beth Long-Higgins at 740.382.4885  
or [blong-higgins@uchinc.org](mailto:blong-higgins@uchinc.org).



PARKVUE  
COMMUNITY

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