



21 WEEK

Anti-Racism

CHALLENGE



WEEK 19

This Week's Challenge: Historical Racism and Bias in Medicine

OPTION 1

Institutional Racism in Medicine

10 Minute Video
[Click Here](#)

OPTION 2

The Racist Eugenics Movement

30 Minute Read
[Click Here](#)

OPTION 3

Forced Sterilization in California

5 Minute Listen
[Click Here](#)

To learn more about the 21 Week Challenge and find other Anti-Racism resources, visit us online at livingwaterone.org/resources-for-anti-racism.