

NEXT Steps: Midlife and Beyond

You are invited to enroll in this 14-week process of self-discovery. For more information, contact Steve Lawler, Director of Walker Leadership Institute at Eden Seminary, at slawler@eden.edu.

NEXT Steps: Vocation and Aging

NEXT Steps introduces participants to theological, philosophical and psychological concepts of vocation and aging. It is a gathering for adults contemplating or entering retirement, and those who are recently retired.

Orientation

Rev. Beth Long-Higgins and Rev. Steve Lawler would like to invite you to an optional brief orientation to the course and introduction to the instructors on January 5 at 5:30 CST/6:30 EST. This meeting will answer questions of logistics, introduce the instructors, and generally try to make the opening day of NEXT Steps as smooth as possible.

Course Schedule

NEXT Steps will have our first meeting on Tuesday January 12, 5:30 pm CST/ 6:30 pm EST for approx. two hours. The remaining meetings will all meet for two hours January 26, February 9 and 23, March 9 and 23, April 6 and 20

Participation

NEXT Steps participants follow a 14-week process of self-discovery through readings, presentations, small group discussions, and discernment. All classes will meet via ZOOM. By the end of the course, participants will have developed a plan for their next phase of life.

Cost

The cost is \$500

Texts

- The Brink of Everything by Parker Palmer
- Creative Aging by Marjory Zoet Bankson

Other readings, digital resources and personal and group exercises will be assigned throughout the course.

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**NEXT
STEPS**



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<https://www.eden.edu/nextsteps/>