

# Enliven

Enliven is a series of virtual courses that create communities and spark conversation around spiritual life, which encourage aging individuals to learn, grow and share together.

This program is free thanks to a grant from the Heartland Conference, UCC and the Parker Center.



## Program Foundations

- Create welcoming virtual spaces to build community
- Encourage the deepening of the Spirit
- Celebrate diverse faith traditions and experiences
- Provide creative, experiential, participatory opportunities for learning and growth
- Complement congregational and chaplaincy ministries



Whether it's a spiritual discussion, or a caring circle of peers and professionals, flowing movement or exploration of theological themes in films, stories, historical writers or biblical texts, **Enliven is here for you.**



RUTH FROST PARKER  
CENTER FOR  
ABUNDANT AGING

Visit [unitedchurchhomes.org/enliven](http://unitedchurchhomes.org/enliven) to learn more and register!



# Summer/Fall 2021

## Enliven is here for you.



### **FLOWING MOVEMENT FOR HEALTH AND VITALITY**

Beginning on Monday, August 2

### **SUMMER SHORTS: FILM DISCUSSION GROUP**

Beginning Monday, August 2

### **AGING: EMBRACING NEW REALITIES, RENEWING FAITH**

Beginning Tuesday, August 10

### **GRIEF WALK 1: WALKING WITH GRIEF IN THE WAY OF LOVE**

Beginning Thursday, August 12

### **SPIRITUAL CIRCLE OF CARE**

Beginning Thursday, September 9

### **NURTURING MY SPIRIT**

Beginning Monday, September 13

**Each course is offered in 3 - 6-week blocks.  
Visit [unitedchurchhomes.org/enliven](http://unitedchurchhomes.org/enliven) for  
course descriptions, faculty and registration.**

### **LOVE WAS THE MEANING: GOOD NEWS FROM JULIAN OF NORWICH FOR YOUR LIFE TODAY!**

Beginning Tuesday, October 5

### **GRIEF WALK II: WALKING WITH GRIEF IN THE WAY OF LOVE**

Beginning Thursday, October 7

### **GRACE NOTES I**

Beginning Wednesday, October 20

### **SHORT STORIES FOR THE SEASONS**

Beginning Tuesday, November 23

### **GRIEF CARE CIRCLE**

Beginning Thursday, December 2



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