



North Carolina Down Syndrome Alliance (NCDSA) is able to provide programs and services to individuals with Down syndrome and their families across the state of North Carolina with the help of our essential volunteers. NCDSA offers a variety of opportunities to volunteer throughout the year, including special event support, virtual programming, social events, and more. Please review the list of current opportunities and follow the link to volunteer. Thank you for your continued support!

Virtual – Help out from the comfort of your home!

Sign up to be a Virtual Volunteer

- Virtual Event Host
 - Options for our families to keep engaged during social distancing
 - Single volunteers interacting with a group of participants
 - New to volunteers are requested to take part in an event prior to committing to a date
- Virtual Office Assistant
 - NCDSA office is closed but the work continues
 - Update online files
 - Organize data folders
 - Organize social media posts

In Person – Socially Distanced Assistance!

- NCDSA is hosting Egg My Yard – what's Egg My Yard? [Find out more!](#)

Sign up to volunteer for Egg My Yard

- Help stuff all those eggs with candy and prizes
- Spread joy and eggs – help the Easter Bunny deliver those eggs
 - Delivery areas include: Durham, Wake, Johnston, and Pitt Counties

- Gift Card Blitz

Sign up to volunteer for Gift Card Blitz

- Great way to help while you are shopping at the stores you love
- Many big box stores donate gift cards to local non-profit organizations
- NCDSA uses the gift cards in a variety of ways
 - Supplies for Welcome Baby Bags
 - Bingo prizes
 - Items for silent raffle
 - And more!
- Complete instructions provided

For more information, contact Dawn DeSoto, NCDSA Volunteer and Event Coordinator, at dawn@nclsalliance.org