

Free DTTAC Advance™ NC Peer Learning Series

National DPP Advanced Coach Training (ACT)* sponsored
by North Carolina Department of Health and Human Services

MAKING MOVES FORWARD

PHYSICAL ACTIVITY FOR ALL

Part I

Thurs. June 9th, 1-2pm ET

Part II

Wed. June 15th, 12-1pm ET

[Register Here](#)

Part I – Live Webinar

Lifestyle coaches facilitating the National DPP lifestyle change program often have participants with a variety of health conditions that may impact their ability or likelihood to engage in physical activity. From participants with mild joint pain to participants with disabilities, barriers to physical activity can feel like overwhelming obstacles to participants hoping to achieve program physical activity goals. Learners will explore strategies for helping participants find success with their physical activity goals, regardless of their physical limitations and abilities.

Part II – Live Peer Dialogue Session

Join fellow North Carolina lifestyle coaches and program coordinators virtually for a follow-up peer dialogue session where you will discuss applying webinar concepts on physical activity within your own lifestyle change groups!

How to Register

- Click the link to "[register here](#)".
- 🔒 Create a profile or sign in.
- ⚠️ If you do NOT see the learning series upon login, select "Catalog" from the top left dropdown menu. Then select the "Learning Paths" tab at the top.
- 📌 Click the enroll button.
- ✉️ You will receive an email with calendar holds for Part I & II. Check junk mail. Add these to your schedule.
- 📅 Join your fellow lifestyle coaches live for both learning events!



Diversity & Inclusion

Group Dynamics & Facilitation

Health & Wellness

The Science of Change

Program Implementation

This event qualifies as **Advanced Coach Training (ACT) now required under CDC DPRP Standards. Contact dttac@emory.edu with questions.*