

North Carolina Division of Public Health

Advanced Lifestyle Coach Training



As a Lifestyle Coach teaching the Diabetes Prevention Program in North Carolina, you are invited to register for the following DTTAC Advance™ Webinars for FREE.

Use Discount Code “NC20Web”

How to Register for a Webinar

1. Click the link or the webinar to learn more and register.
2. Add the webinar to your cart.
3. Apply the discount code listed above at checkout and click “Pay Now”
4. After the re-direct, login or create an account. Remember your password! Click “Go To Dashboard” to start this webinar.
5. You will receive a receipt email with a calendar hold for the live webinar.

New Live Webinars

Health Equity: The Social Determinants of Health and the Lifestyle Change Program

Thursday, August 6th from 1:00pm-2:30pm EST

Learn more and register [here](#)

Calories, Fats and Carbs, Oh My!

Tuesday, August 18th from 1:00pm-2:30pm EST

Learn more and register [here](#)

Can't attend on the scheduled live date?

You can still register for the live webinar to receive a link to view the webinar recording for up to three weeks after the live event.

New On-Demand Webinars

If You Build It, Will They Come?

Learn more and register [here](#)

Groovin' Groups: Group Dynamics and Challenges in the Lifestyle Coach Program

Learn more and register [here](#)

The DPP and the 4 P's of Behavior Change: Applying Behavioral Economics to the Lifestyle Change Program

Learn more and register [here](#)

Outside City Limits 2: Delivering the Lifestyle Change Program in Rural and Frontier Communities

Learn more and register [here](#)

Visit page 2 for more webinars!

On-Demand allows you to view a webinar at a time convenient for you! After registering, you have 3 weeks (21 days) to complete the course at your own pace.

Contact Kristie Hicks at kristie.hicks@dhhs.nc.gov if you have any questions.

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Continued On-Demand Webinars

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Brilliant Beginnings: Making the Most of Sessions 0-5!

Learn more and register [here](#)

Outside City Limits 2: Delivering the Lifestyle Change Program in Rural and Frontier Communities

Learn more and register [here](#)

Liven Up Lifestyle Change: Make Your Sessions Exciting, Entertaining & Engaging

Learn more and register [here](#)

The Trouble with Tracking: Strategies for Participant and Lifestyle Coach Success with Food Tracking

Learn more and register [here](#)

Wait, Wait Don't Leave: Keeping Participants Engaged in the Yearlong Program

Learn more and register [here](#)

Challenge of Change: Understanding and Supporting Participant Behavior Change

Learn more and register [here](#)

Language Traps in Lifestyle Coaching: How to Sabotage a Great Conversation

Learn more and register [here](#)

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