DTTAC Advance™ Live Webinar

For Lifestyle Coaches and Program Coordinators sponsored
By North Carolina Department of Health and Human Services



Balancing the Scales:
Inspiring a Healthy View of Weight in the National DPP Lifestyle Change Program

FREE with the code: NC24Web

Tuesday, June 18th from 12:00pm – 2:00pm ET

Register Here

The National DPP Lifestyle Change Program emphasizes a 4-7% weight loss in order to achieve Type 2 diabetes risk reduction. At the same time, Lifestyle Coaches and the program materials and lifestyle coaches focus around on a lifestyle change approach versus a diet approach. In this webinar, we will discuss how to balance the emphasis on achieving weight loss goals with equal attention to changes participants are making in service of their health that may not be reflected on the scale.

Registrant will have 3 weeks (21 days) to complete the course at your own pace.

All DTTAC Advance™ Webinars qualify as **Advanced Coach Training (ACT) for lifestyle coaches and program coordinators now required under CDC DPRP Standards.*

- Diversity & Inclusion
- Group Dynamics & Facilitation
- ☑ Health & Wellness
- The Science of Change
- Program Implementation

How to Register

- Click the link to "register here".
- Add the webinar to your cart. Click checkout.
- Use discount code **NC24Web** at checkout. Click "Pay Now".
- After the re-direct, login or create an account. Remember your password! Click "Go To Dashboard" to start this webinar.
- You will receive a receipt email. Check your junk mail.
- You have **21 days** to view the recording sent via email.

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