

Association of Diabetes Care & Education Specialists (ADCES) Advanced Lifestyle Coach Training Online Series

The advanced lifestyle coach training series includes skill building in communications skills, group coaching, facilitating behavior change, promoting self-management, and cultural competency.

This series consists of **five** recorded webinars:

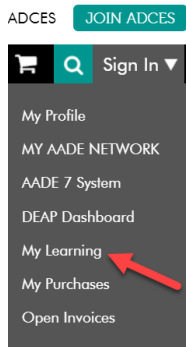
- *Prevention, Collaboration and Health Education - Why a Patient Story Matters*
- *Beating the Boredom: Using Different Teaching Techniques*
- *Building Relationships Will Keep Them Coming Back: It's All About Retention*
- *Using Motivational Interviewing in your DPP to Support Participant Behavior Change and Retention*
- *Meeting the Needs of Culturally Diversified Individuals and Growing Your Cultural Competences in Providing Diabetes Prevention*

Your access period is two months and you will earn a certificate of program completion and a digital badge upon successful completion of the self-paced coursework! This series provides 7 hours of continuing education credit for nurses, dietitians, and pharmacists.

***This advanced training is available at no cost to trained and practicing DPP lifestyle coaches in North Carolina.**

How To Enroll

1. Go to diabeteseducator.org and click the “My Learning” link – found under the ‘Sign In’ drop-down menu near the upper right:



2. Login, or if you are new to ADCES, sign-up. You will be directed to the “My Learning” portal.

3. At the bottom right of the page, submit your **GE CODE: JW6R9FJR** You will only need the code once.

GE code entry (batch use only)

4. Click “go” to enter the learning activity, or refresh the My Online Learning page, to see the activity listed in your ENROLLMENTS list. Click the title to begin.

You can return to the “My Learning” link at diabeteseducator.org whenever you want to log back in to your learning activity. (No need to use the activation code again.)

For questions, please contact Kristie Hicks at kristie.hicks@dhhs.nc.gov

[Click here to learn more](#)