

THE NATIONAL DIABETES PREVENTION PROGRAM

Diabetes Prevention Recognition Program (DPRP)

Transitioning to the 2021 DPRP Standards

**Diabetes Prevention
Recognition Program**



IMPLEMENTATION OF THE 2021 DPRP STANDARDS AND OPERATING PROCEDURES (DPRP STANDARDS)

- » 2021 DPRP Standards Effective Date: May 1, 2021.
- » 2021 DPRP Data Submission Portal (DPRP Portal) Release: First week of June 2021.

TRANSITIONING TO THE 2021 DPRP STANDARDS ^(1/2)

- » Organizations with data due in May 2021 will wait and submit their data in June 2021.
 - These are organizations with an effective dates in May or November.
 - System changes will be deployed throughout May 2021.
 - Recognition will be extended if the expiration date occurs during this time.
 - All data submissions made after the 2018 DPRP Standards expire will be evaluated under the 2021 Standards, regardless of the month the data submission was due.

TRANSITIONING TO THE 2021 DPRP STANDARDS (2/2)

- » Organizations will have 6 months to make internal systems changes to fully implement the 2021 Standards.
 - Until that time, you will be able to convert a 2018 format file to the 2021 format within the DPRP Portal.
 - All organizations will be *able* to start using the 2021 format as of the June release.
 - All organizations *must* start using the 2021 format as of December 1, 2021.

PARTICIPANT ELIGIBILITY

» Program eligibility has not changed from the 2018 Standards and remains:

- All participants must be adults aged 18+.
- All participants must have a body mass index (BMI) of ≥ 25 kg/m² (≥ 23 kg/m², if Asian American).
- All of a program's participants must be considered eligible based on either:
 - A blood test result within one year of participant enrollment. Blood test results may be self-reported for CDC recognition purposes. Participants enrolled in the Medicare Diabetes Prevention Program (MDPP) cannot self-report blood test results; lab results must be provided. Blood test results must meet one of the following specifications: :
 - i. Fasting glucose of 100 to 125 mg/dl (CMS- eligibility requirement for MDPP participants is 110 to 125 mg/dl);
 - ii. Plasma glucose of 140 to 199 mg/dl;
 - iii. HbA1c of 5.7 to 6.4;
 - iv. A diagnosed history of Gestational Diabetes Mellitus (GDM) during a previous pregnancy; **or**,
 - A positive screening for prediabetes based on the Prediabetes Risk Test online at: <https://www.cdc.gov/prediabetes/takethetest/>. (Not an option for eligibility for MDPP participants.)

SUMMARY OF CHANGES IN DATA COLLECTION (1/6)

- » Collect additional organization-level information in the DPRP Portal.
 - Add or update at any time:
 - Contact information.
 - Delivery mode-specific information.
 - Delivery location information.
 - Coach information.
 - Confirm information in the month data are due.

SUMMARY OF CHANGES IN DATA COLLECTION (2/6)

- » Collect additional session-level information in the CSV spreadsheet.
 - Gender: Participants should indicate how they describe themselves (male, female, transgender, or not reported).
 - Cohort Identifier.
 - Assign a specific name as the cohort identifier (**COHORTID**) to represent the group of participants who will be on the same timeline.
 - Use the entry assigned participant ID (**PARTICIP**) as the cohort identifier (**COHORTID**) to represent only a single participant who will be on their own timeline.
 - **SESSID** has been removed.

SUMMARY OF CHANGES IN DATA COLLECTION (3/6)

- » Separate **ENROLL** variable into two new variables.
 - **ENROLLMOT**: identifies the main motivation which led the participant to enroll in the yearlong program.
 - **ENROLLHC**: identifies whether a healthcare professional was the source which led the participant to enroll in the yearlong program.
- » Change in payer variable name (to **PAYERSOURCE**) to allow for an additional option.

SUMMARY OF CHANGES IN DATA COLLECTION (4/6)

» Collect coach identifier (**COACHID**).

- **COACHID** will be recorded in the CSV file that is submitted to the CDC.
- Coach information will be entered into the Coach Module of the DPRP Portal.
 - **COACHID**: uniquely assigned and maintained by the applicant organization and must not contain any PII. For lifestyle coaches who deliver the MDPP, please use their National Provider Identifier (NPI) number.
 - The Coach Module will also require that you enter the training mechanism and training provider information, namely:
 - A training entity listed on the National DPP Customer Service Center,
 - A private org with national network,
 - A CDC-recognized virtual organization, or
 - A Master Trainer who completed a CDC-MOU-holding Master Training program.
- Each **COACHID** entered in the CSV must match a **COACHID** entered in the Coach Module.

SUMMARY OF CHANGES IN DATA COLLECTION (5/6)

- » Remove default value for Physical Activity (PA).
 - **Participants who began before 5/1/2021:** Evaluations will exclude sessions where physical activity minutes are entered as 999.
 - **Participants who begin on or after 5/1/2021:** Entries of 999 will be quality checked. If the entries are confirmed to represent defaults (meaning the measure was not collected), the org will be asked to change to 0.

SUMMARY OF CHANGES IN DATA COLLECTION (6/6)

- » Collect optional pre- and post-HbA1c measurements for CDC recognition (as an outcome measure for evaluation):
 - If choosing to include this information, initial HbA1c value should be taken within a year of entering the program and reported **within 14 days** of the first session attended by the participant.
 - It should be in the prediabetes range of 5.7 – 6.4%.
 - Values must be included in the last session record and recorded in **months 9-12** to be evaluated.
 - It can be self-reported at the participant level.
 - Can only be used with data submissions under the 2021 DPRP Standards going forward. CDC will not allow for retroactive adding of HbA1c values on previous data submissions
 - If a participant comes in on a qualifying HbA1c and their final HbA1c falls below 5.7%, please report that on the data spreadsheet—that's great news!

SUMMARY OF CHANGES IN RECOGNITION – PENDING

- » Organizations may remain in Pending status indefinitely:
 - Must make all required 6-month data submissions.
 - Can achieve Preliminary during this period.
 - Can achieve Full during this period without going through Preliminary first.

SUMMARY OF CHANGES IN RECOGNITION – PRELIMINARY

- » Must meet the requirements for Pending.
- » Must meet **Requirement 5** in the DPRP Standards:
 - Must retain at least 5 completers in the evaluation cohort.

SUMMARY OF CHANGES IN RECOGNITION – PRELIMINARY/FULL

- » May remain in Preliminary/Full indefinitely if the organization:
 - Makes all required 6-month data submissions, and
 - Re-achieves the requirements for Preliminary or Full recognition at least every 3 years after first achieving; requirements must be met by eligible participants who:
 - Attended at least 8 sessions in the first six months and whose time from first session attended to last session attended was at least 9 months (“Completers”).
 - Enrolled in cohorts that held their first session at least one year but not more than 18 months before the submission due date (“Evaluation Cohort”).

SUMMARY OF CHANGES IN RECOGNITION – FULL

- » Must meet the requirements for Pending (Requirements 1-4).
- » Must meet Requirement 5 for Preliminary.
- » Must meet Requirement 6 and 7 in the DPRP Standards:
 - **Requirement 6:** Organizations must show that there has been a reduction of risk of developing type 2 diabetes among completers in the evaluation cohort by showing that at least 60% of all completers achieved at least one of the following outcomes:
 - at least 5% weight loss 12 months after the cohort began, or
 - at least 4% weight loss and at least 150 minutes/week on average of physical activity 12 months after the cohort began, or
 - at least a 0.2% reduction in HbA1c.
 - **Requirement 7:** Organizations must show that at least 35% of completers in the evaluation cohort are eligible for the yearlong National DPP LCP based on either a blood test indicating prediabetes or a history of GDM. These can be self-reported.

SUMMARY OF CHANGES IN RECOGNITION – FULL CRITERION FOR 2 ADDITIONAL YEARS

Organizations will be granted an additional 2 years of Full recognition (for a total of 5 years) if, at the time Full recognition is achieved, the following retention criterion is met:

Eligible participants in the evaluation cohort must have been retained at the following percentages:

- » A minimum of **50%** at the beginning of the **4th month** since the cohorts held their first sessions.
- » A minimum of **40%** at the beginning of the **7th month** since the cohorts held their first sessions.
- » A minimum of **30%** at the beginning of the **10th month** since the cohorts held their first sessions.

SUMMARY OF RECOGNITION REQUIREMENTS

| | Pending | Preliminary | Full (3 years) | Full (5 years) |
|--|---------|-------------|----------------|----------------|
| Requirement 1 | ✓ | ✓ | ✓ | ✓ |
| Requirement 2 | ✓ | ✓ | ✓ | ✓ |
| Requirement 3 | ✓ | ✓ | ✓ | ✓ |
| Requirement 4 | ✓ | ✓ | ✓ | ✓ |
| Requirement 5 | | ✓ | ✓ | ✓ |
| Requirement 6 | | | ✓ | ✓ |
| Requirement 7 | | | ✓ | ✓ |
| <i>Eligible participants in the evaluation cohort must have been retained at these percentages:</i> | | | | |
| <i>A minimum of 50% at the beginning of the fourth month since the cohorts held their first sessions.</i> | | | | ✓ |
| <i>A minimum of 40% at the beginning of the seventh month since the cohorts held their first sessions.</i> | | | | ✓ |
| <i>A minimum of 30% at the beginning of the tenth month since the cohorts held their first sessions.</i> | | | | ✓ |

HOW TO USE HbA1c IN THE 2021 DPRP STANDARDS

| Requirement | How Measured | Time Frame | Documentation |
|---|---|--|---|
| DPRP Eligibility | Organizational-level (35% of completers) | Within one year prior to enrollment | Can be self-reported |
| MDPP Eligibility | Participant-level | Within one year prior to enrollment | Documentation required to be kept by organization – see CMS for specifics |
| DPRP Risk Reduction (Outcome) Requirement for Full Recognition | Organizational-level (60% of completers in cohort meet at least one of 3 risk reduction measures; if HbA1c is used, pre- and post-test reduction should be at least .2%). | Initial value reported within 14 days of enrollment. Final value reported within months 9-12. | Can be self-reported |

SUMMARY OF CHANGES IN LIFESTYLE COACH TRAINING

- » All Lifestyle Coaches should be trained by a CDC Memorandum of Understanding (MOU) holding training entity found here: <https://nationaldppcsc.cdc.gov/s/article/Training-for-your-Lifestyle-Coaches>.
- » Lifestyle Coaches are to receive **12 hours or two days** of formal training.
- » Advanced Coach Training for **at least two hours** each year is required for all Lifestyle Coaches and Program Coordinators and will be:
 - Training beyond the required formal training for Lifestyle Coaches that builds on the foundational skills necessary for helping participants make effective lifestyle change, **AND**
 - Limited to trainings provided by training entities that are listed on the National DPP Customer Service Center.

PREVENT T2 CURRICULUM

- » The PreventT2 curriculum is undergoing updates based on current nutrition guidelines and updated evidence.
 - The English version will should be available this July.
 - The Spanish version should be available this September.
 - More information, including recommendations on how to incorporate these updates into your current curriculum, will be provided at those times.

USING THE 2021 DPRP PORTAL ^(1/2)

Organizations will use the DPRP Portal to:

- » Revise certain organization-level information such as contacts and public class locations.
- » Upload/validate/submit data files.
- » Retrieve documents such as error reports, evaluation reports, and recognition documentation.

USING THE 2021 DPRP PORTAL (2/2)


Diabetes Prevention Recognition Program (DPRP) Data Submission Portal

contactemail@name.org Help Logout

Welcome

Organization

809165 Data Portal Test Demo 1

 Organizations are required to keep Contacts, Coaches, Public Class Locations, and Curriculum current. Updates and confirmation of the information in your [Organization Profile](#) is required before submitting your Sequence 3 data for evaluation, due as of May 1, 2021.

Organization Profile
Program Delivery, Contacts, Coaches, Public Class Locations

Submit Evaluation Data
All Files, Data Profiler, Error Reports, Edit, Submit to CDC

Evaluation Reports
Evaluation Reports and Participant Lists

Recognition Status & History
Recognition Status, Certificates, and Recognition Letters

Data Portal Test Demo 1

| | |
|-----------------------|-----------------------|
| Organization Code | 809165 |
| Organization Status | Pending |
| Approved Date | 6/18/2016 |
| Effective Date | 7/1/2016 |
| Sequence No. | 9 |
| Submission Date Range | 5/1/2021 - 10/31/2021 |

CONVERTING FILES FROM 2018 FORMAT TO 2021 FORMAT (1/3)

- » Log into the DPRP Portal using SAMS credentials.
- » If starting with a 2018 format file:
 - Select button to convert file to 2021 format (if file is not in proper 2018 format, system could result in an upload failure).
 - Download the converted file to review the entries the conversion has provided and make any appropriate changes.
 - Columns will be added for **COHORTID**, **COACHID**, **ENROLLMOT**, **ENROLLHC**, **PAYERSOURCE**, **A1C**, and **GENDER**.
 - **COHORTID** will be populated with the participant ID from variable **PARTICIP**.
 - Leave the **participant ID** as **COHORTID** → each participant will be evaluated on their own timeline.
 - Replace **participant ID** with a cohort name → each participant will be evaluated on the cohort timeline.

CONVERTING FILES FROM 2018 FORMAT TO 2021 FORMAT (2/3)

- » COACHID column will be blank.
- » ENROLLMOT and ENROLLHC columns will be blank.
 - No mapping from ENROLL will occur.
 - **Variables may NOT be left blank**
 - Enter a value from the options listed for each variable in the 2021 DPRP Standards Data Dictionary.
 - No default value exists so do the best you can.
- » PAYERSOURCE will be populated with entries from PAYER:
 - If PAYER = 1 through 7, PAYERSOURCE will be equal to PAYER.
 - If PAYER = 8 or 9, PAYERSOURCE will be equal to 9.

CONVERTING FILES FROM 2018 FORMAT TO 2021 FORMAT (3/3)

- » **A1c** will be populated with 999.
- » **GENDER** will be populated with the default value of 9.
- » The column **SESSID** will be removed.
- » **SESSTYPE** will be mapped.
 - For records with **SESSTYPE** = **MU** and **SESSID** = 1 to 26, **SESSTYPE** will be converted to **MU-C**.
 - For records with **SESSTYPE** = **MU** and **SESSID** = 99, **SESSTYPE** will be converted to **MU-CM**.
 - For records with **SESSTYPE** = **MU** and **SESSID** = 88, **SESSTYPE** will be converted to **MU-OM**.
- » Upload the now revised 2021 format file to the DPRP Portal to proceed with the 2021 validations.

AND DON'T WORRY!

We are here to help.

- » For assistance with data submissions: DPRPData@cdc.gov.
- » For all other assistance (including SAMS): Please direct any questions you have to the National DPP Customer Service Center at NationalDPPCSC.cdc.gov.
 - To register with the National DPP Customer Service Center, please select “Login” and then “Register.”
 - To request technical assistance, please sign in and then select “Contact Us/Contact Support.” We will be holding a series of webinars in the coming weeks on transitioning to the 2021 Standards. Please watch for those invites.

THANK YOU

Thank you for participating in the Diabetes Prevention Recognition Program (DPRP)

Visit the **National DPP Customer Service Center** at NationalDPPCSC.cdc.gov for more resources and to submit any questions you may have.

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