

How to stay healthy, stop the spread and what to expect if you get sick

The Borrego Springs COVID-19 Task Force and supporters invite you to attend a virtual Town Hall meeting on Thursday, July 30th at 2:00 pm

HOW TO JOIN:

Log into the meeting with this link to a ZOOM conference

<https://us02web.zoom.us/j/82173649258?pwd=d2pjc1hHY3pxUTcxYkRQWkgyR2xZQT09>

If you wish to join by phone dial in to: +1 (669)900-6833

NEW TO ZOOM?

Contact Bruce Kelley at brucekelley@icloud.com

or call 1 (612)866-7876 for simple step-by-step instructions. Bruce can also e-mail you the hyperlink above.

Meeting Moderator:

Bruce Kelley, PhD, Chair, Borrego Springs COVID-19 Task Force

Panel of Experts:

Sayone Thihalolipavan, MD
SD County Dept. Public Health

Adolphe Edward, MD, CEO,
El Centro Regional Medical Center

Edgar Bulloch, MD
Regional Medical Director
Borrego Health

Alan Williamson, MD
Eisenhower Health

The panel of experts will also answer your questions. Please submit your COVID-19 questions prior to the Town Hall to brucekelley@icloud.com

Cheryl Agranovich, Founder and CEO of WellCorp, a national expert in cultures of health will send us on our way with an inspiring message about the importance and value of having a culture of health.

The panel of experts will explain what is real and what is myth about COVID-19

- How serious is COVID-19? How does it compare to the flu?
- What does asymptomatic mean? Can I still get sick?
- Washing hands, wearing a mask, maintaining social distance, staying home—What are the best practices to avoid infecting someone and getting infected with COVID-19?
- Who is most at risk? Does age matter? Are young people at risk?
- Do your genes matter?
- Who should get tested and when?
- What is it like to be confirmed positive?
- When to decide to get treatment or go to the hospital?
- How successful is treatment? What medicines work the best?
- Will there be a vaccine? When?
- What is the likelihood of transmission within Borrego Springs?
- Will risk increase when seasonal residents and tourists return, and when schools open?
- When will our economy and lives get back to normal?

We thank the following organizations for their support:

Borrego Valley Stewardship Council
Borrego Village Association
Borrego Valley Endowment Fund
Borrego Health (Borrego Medical Clinic)
Colorado Desert District of California State Parks
(includes our Anza-Borrego Desert State Park)

Anza-Borrego Foundation
Anza-Borrego Desert Natural History Association
Borrego Springs Revitalization for Economic
Development/Tourism/Education/Public Health
Friends of the Borrego Springs Library

Borrego Springs Dark Sky Coalition
Tubb Canyon Desert Conservancy
Borrego Springs Senior Center
The Palms at Indian Head
...and others too numerous to list.



A culture of health and safety is a shared understanding and commitment to improve and protect health and to promote safety for everyone.