



DNEM REC-IT presents

Cooking Classes

Join us at our Fort Gratiot Office for small-group cooking classes.

- Explore new recipes, cooking methods and adaptive tools in a fun, supportive environment.
- All levels of experience and ability are welcome.
- Each class is limited to 5 participants.
- There is no charge to participate and all supplies are included.

Please email accommodation requests to REC-IT@DNEMichigan.org.

When:

**First and third
Wednesday of each month
1:00 pm to 2:00 pm**

Where:

DNEM Fort Gratiot Office
4351 24th Ave., Suite 1
Fort Gratiot, MI 48059

Register One of Three Ways:

1. Online:
<https://tinyurl.com/DNEMcooking>
2. By scanning this QR code:



3. By calling Nick at (810) 987-9337

Serving Huron, Lapeer, Macomb, Oakland, Sanilac, St. Clair and Tuscola Counties

www.DNEMichigan.org



Oakland/Macomb

1709 John R Road
Troy, MI 48083
(586) 268-4160

Thumb Region

4351 24th Ave., Suite 1
Fort Gratiot, MI 48059
(810) 987-9337

Offices by Appointment

Lapeer, MI
Sandusky, MI
(810) 987-9337