

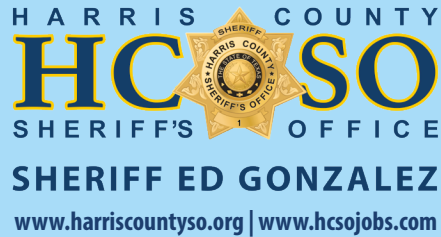
HARRIS COUNTY SHERIFF'S OFFICE BEHAVIORAL HEALTH DIVISION

WHO WE ARE

A team of in-house behavioral health specialists who deliver quality services to classified and civilian employees as they seek to carry out their duties effectively and safely. Specialties include doctoral-level clinical psychology, professional counseling, and marriage/family therapy.

BHD MISSION

Provide evidence-based behavioral health consultation, outreach, education, and confidential mental health services to HCSO employees and eligible dependents to decrease stigma, provide support, improve coping strategies, and advance employee morale, productivity, and longevity.



HCSO MISSION

**"To enhance the safety and protect the trust
of the citizens of Harris County
by enforcing the law with integrity
and professionalism."**



BEHAVIORAL HEALTH DIVISION

**260 N Sam Houston Pkwy E, Suite 350
Houston, TX 77060-2024
346-286-3150**

Hours: Monday - Friday, 8 am - 4 pm



SERVICES OFFERED TO HCSO EMPLOYEES AND ELIGIBLE DEPENDENTS



ADDITIONAL RESOURCES

EMERGENCY:	911
MENTAL HEALTH CRISIS AND SUICIDE PREVENTION:	988
CONFIDENTIAL LEO HOTLINE:	1-800-COPLINE
THE HARRIS CENTER 24-HOUR NUMBER:	1-713-970-7000
EMOTIONAL SUPPORT TEXT LINE:	1-832-479-2135
NATIONAL DOMESTIC VIOLENCE HOTLINE:	1-800-799-7233
THE NATIONAL HELPLINE:	1-800-662-4357
CHILD ABUSE HOTLINE:	1-800-422-4453
TREVOR PROJECT (LGBTQ) COUNSELOR:	1-866-488-7386



CALL: 346-286-3150

**To make an appointment for our clinic
IN-PERSON & TELEHEALTH**

THE BHD OFFERS THE FOLLOWING SERVICES

CONSULTATION & CRITICAL INCIDENT RESPONSE

BHD provides various services related to Critical Incidents, including on-scene support, consultation, and group/individual debriefing. Consultation is available 24/7 to Peer Support Personnel, on-scene Supervisors, Command Staff or the Sheriff to assist in crisis and non-crisis incidents. During business hours, please call BHD at **346-286-3150**. Outside of business hours, BHD staff is available on a call-out status via the Emergency Dispatch Center.

EDUCATION & TRAINING

Our staff routinely lecture and collaborate in the development of mandatory and elective classes on issues related to mental health, either proactively or in coordination with HCSO Academy or other training staff.

Requests for training on specific topics or subject matter can be made by calling **346-286-3178**.

OUTREACH & PREVENTION

The BHD leads focused outreach, prevention, and training efforts related to wellness initiatives such as:

- ✓ Suicide Prevention
- ✓ Stress Management
- ✓ Family Support
- ✓ Substance Abuse Prevention.

CLINICAL SERVICES

We provide confidential mental health care, including evaluation, treatment, and referral services in person or via telehealth.

The Behavioral Health Division "BHD" Clinic functions as an independent mental health clinic with a separate record-keeping system. Clinicians work under their respective licensing boards' privacy laws, rules, and ethics codes.

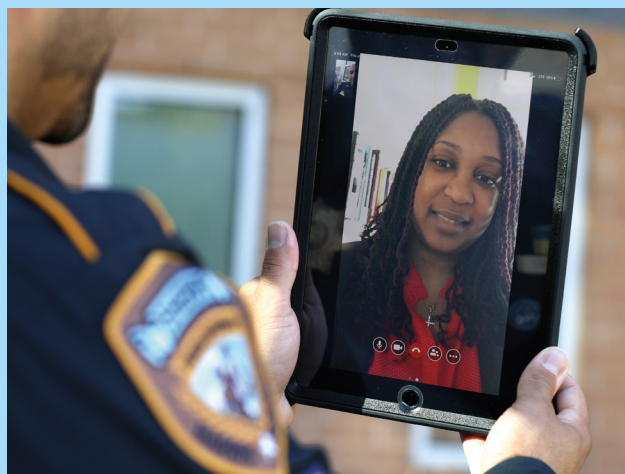
Employees or their dependents seeking services can call the Clinic at **346-286-3150** to schedule an appointment.

Clinic services include:

- ✓ Consultation
- ✓ Individual / Couples Counseling
- ✓ Depression / Anxiety / Posttraumatic Stress Treatment
- ✓ Critical Incident Response
- ✓ Alcohol / Substance Abuse Counseling

AFTER HOURS / CRISIS

In a life-threatening situation, do not hesitate to call **911** and explain the nature of the emergency. Furthermore, please see the "ADDITIONAL RESOURCES" section on the back for After Hours / Crisis help.



WHAT IS TELEHEALTH?

TeleHealth is a remote version of healthcare using secure telecommunications technology.

WHAT EQUIPMENT DO I NEED?

TeleHealth can be accessed from your computer, smartphone, or tablet via a free app and/or browsers. Ensure you have video and audio capabilities, and you are good to go!

IS THIS SERVICE FREE?

Yes! In-person and TeleHealth clinic visits are FREE for all HCSO employees and eligible dependents.



We are open Monday - Friday, 8 am - 4 pm.
Call: **346-286-3150** to schedule a clinic appointment or to consult with BHD staff.

Please see the "ADDITIONAL RESOURCES" section for after-hours and crisis assistance.