

I'M BORED

Bingo Board



Choose the activities from our provided activity list (or choose your own activities) and fill out each square with one thing to do. Then, when you feel bored, do an activity from your bingo board and mark off the square with an X.

The first person to fill five in the same row wins!

		Free Space		



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Suggested Activities

Here are some suggested ways to fill in your bingo card.
Circle 24 activities that sound fun to you and write them on your card in random order.

Be Creative

- Make up a song and record it.
- Draw a portrait of a pet or friend.
- Make up a dance to a song you love.
- Invent a tool to solve a problem.
- Sculpt with clay or Play-Doh.[®]
- Draw with your feet.

Read & Write

- Read in the bathtub (without water).
- Read in a tent (indoors or outdoors).
- Write a letter to someone far away.
- Read to a pet or younger sibling.
- Write and illustrate a comic.
- Write and perform a play.

Get Exercise

- Learn a popular dance online.
- Play balloon volleyball.
- Make a couch cushion fort.
- Play outside.
- Make a bike obstacle course.
- Time yourself as you run laps.

Relax

- Take a bubble bath.
- Build a blanket nest and lay in it.
- Do a kids' yoga video.
- Listen to a guided meditation.
- Have an at-home "spa day".
- Go stargazing.

Help Someone

- Make your family a snack.
- Plan a fundraiser.
- Offer to help a parent or sibling.
- Call someone who might feel lonely.
- Pamper your pet or a friend's pet.

Play

- Pretend to be an animal in the zoo.
- Make a pretend hospital or vet clinic.
- Invent an imaginary world with Lego.[®]
- Play "The Floor Is Lava".
- Build a tower that is taller than you.