

OCTOBER 2021

AMS Academy of Math & Science - Lunch Menu

M

Corn Dogs
Corn
Fruit of the day
Milk Variety

4

T

Spaghetti w Meat Sauce
Carrots Sticks w Ranch
Fruit of the day
Milk Variety

5

W

Chicken Fajitas w Tortilla
Refried Beans
Fruit of the day
Milk Variety

6

T

Bean & Cheese Burrito
Celery Sticks w Ranch
Fruit of the day
Milk Variety

7

F

Cheese Pizza
Romaine Salad
Fruit of the day
Milk Variety

1

Fish Nuggets

Corn
Fruit of the day
Milk Variety

11



Orange Chicken w Pasta
Carrots Sticks w Ranch
Fruit of the day
Milk Variety

12

Baked Chimichanga
Refried Beans
Fruit of the day
Milk Variety

13

Cheeseburger
French Fries
Fruit of the day
Milk Variety

14

Cheese Pizza
Romaine Salad
Fruit of the day
Milk Variety

15



18



19



20



21



22

No School

25

Mac & Cheese
Carrots Sticks w Ranch
Fruit of the day
Milk Variety

26

Cheese Quesadilla
Refried Beans
Fruit of the day
Milk Variety

27

Cheese Pocket
Celery Sticks w Ranch
Fruit of the day
Milk Variety

28

Cheese Pizza
Romaine Salad
Fruit of the day
Milk Variety

29



Fruit of the Day:

Apple, Banana, Fruit
Cocktail, Grapes,
Honeydew, Orange,
Pears, Plums,
Watermelon

HEALTHYINNOVATIONS
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

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MENUS SUBJECT TO CHANGE

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