2026 CONVENTION REPORTERS



We are so fortunate to have had 2 of our members report on their convention experience.

Although I've been in OA for a few years, the Region 6 Convention at the end of October was my first, and what a great experience it was! While I wasn't able to attend in person, I was grateful for the opportunity to participate virtually through Zoom.

I attended two workshops, *Hope After Relapse: Keep Coming Back* and *The Promises: Beyond Our Wildest Dreams*, both of which were especially meaningful and inspiring through the sharing of hope and recovery. I also had the opportunity to hear two of the three keynotes, which included speakers whose stories were powerful reminders of how this program truly changes lives.

Even from a distance, I felt the hope, strength, and shared experience that makes OA so special. I came away feeling grateful, encouraged, and reminded that recovery is a journey filled with possibilities "beyond our wildest dreams."

Lynn W

I have been fortunate enough to attend the Region 6 Convention in person for 20 years, and it remains a vital part of my recovery journey. Because so many meetings are virtual today, I truly cherish the chance to connect face-to-face with deep friends from across the region and share abstinent meals with fellows who eat the same way I do. The convention also offers incredible opportunities for service. Each year, I chair a meeting and share pitches at workshops, and there are plenty of other ways to get involved, from registration and the literature table to helping with the raffle. Region 6 offers three convention scholarships every year—so please don't hesitate to apply!

Rachel S