

Caring Hands Food Pantry January Shopping List

- canned tuna/chicken
- 1lb-2lb bags of white rice
- 12-16oz bags of pasta
- shelf stable milk (almond/soy)
- 12-16oz plastic jars of peanut butter (crunchy preferred)
- cereal
- condiments (sauces/dressings)
- cases of water/Gatorade
- any other non-perishable items

THANK YOU!