

PILLOW CASE DRESS DIRECTIONS

Supplies:

New or (in good condition) pillow case. The brighter the better. Standard, queen or king. Preferably cotton- no micro fiber. Not white because it is too see through. On the queen or king, you will need to add a slit on the side seam at the bottom so the girls can walk or run in their dress. The slit needs to be a finished seam.

2 - pieces of elastic 7" long and $\frac{1}{4}$ " wide. This goes into a casing at the neck to make the gathering in the front and back at the top or neck area of the dress.

2 - pieces of bias tape. 36" of double fold, wide bias tape to form a seam around the armholes and tie them at the shoulder.

Extra material to make and sew on a pocket.

Directions:

1. Using a pillowcase, cut off the top seam (opposite end of the opening of a pillowcase). This will become the top of the dress and the neck line.

2. Lay the pillowcase flat and cut the J shaped armholes at the corners of the neck. See pattern.

3. Make a casing for the elastic at the front of the neck and the back of the neck (where the top end was just cut off). Turn the raw edge 1/2 ", then turn again 1/2" -- 1" and sew the seam. It needs to be wide enough for the elastic to go inside.

4. Use the 2 cut pieces of elastic to insert each one into each casing. A safety pin works great for that. Pull through the casing and secure both ends of each piece of elastic so it forms gathers in the neck of the dress.

5. Using the bias tape - fold one 36" tie in half to find its midpoint and line it up with the bottom center of the first armhole- then pin it around the armhole up to the neck casing, pinning the open sides of the bias tape over the raw edge of the armhole. The ties will extend so there is enough bias tape to tie a bow at each shoulder. Repeat for the other side.

6. Add a pocket or two. You may leave a photo, prayer, or blessing in the pocket.