

Caring Hands Food Pantry October Shopping List

- 1lb bags of pasta
- 1lb bags of rice
- cereal
- shelf stable milk (almond/soy)
- canned chicken/tuna
- chunky peanut butter
- crackers
- cookies
- canned vegetables
- canned fruit
- canned beans
- canned soups
- cup of noodles/ramen
- any other non-perishable items

THANK YOU!