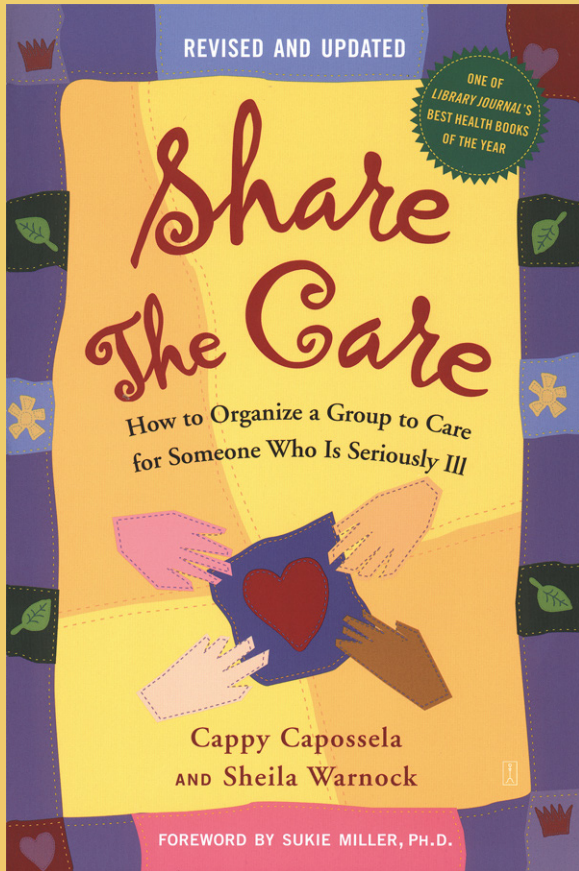


# "WHAT CAN I DO TO HELP?"



The *Library Journal* cited **Share The Care** as "One of the best consumer health books of 2004." The model is now considered a classic and used as a valuable resource in many of today's programs, websites and books on caregiving.

We've all seen them...the patient who lives alone without support and becomes increasingly fearful. The patient with a family caregiver on the brink of collapse from total exhaustion. In both cases these folks are often surrounded by concerned friends and neighbors asking **"What can I do to help?"** The problem is—nobody knows what to do or how to get started.

**Share The Care™** guides ordinary people on how to organize and maintain a "caregiving family" to help someone who is ill, disabled, in rehabilitation following an accident, combat, a stroke or surgery. It can be a loving solution for those who are struggling with the challenges of aging or who live alone far from or without family.

You can book, Sheila Warnock, co-author and speaker to present at your next professional conference or caregiver event. Or to have her lead a professional training in your community or county. See back of flyer or contact us.



"We would not have been able to get through this like we did, if not for **Share The Care**. It made all the difference to have people coming alongside us, because, with a long-term illness like Peter's (ALS), you feel like you are drowning, like you are going under. The **Share The Care** people were the life savers that brought us back to the surface and held us up in ways that we never could have imagined." — Peter and Andrea Devin

"The process used to set up the opening **Share The Care** gathering was very loving, embracing, energizing and affirming — I think I can say we all felt that way. I was so humbled and gratified to hear of the ways I had impacted on others so much that they were willing to help me and my family as my care needs increased." — Dianne Rhein

CALL: 212-991-9688 • EMAIL: [swarnock@sharethecare.org](mailto:swarnock@sharethecare.org) • VISIT: [www.sharethecare.org](http://www.sharethecare.org)



# BOOK A SPEAKER WHOSE WORK CAN MAKE A REAL DIFFERENCE FOR YOUR PATIENTS AND CAREGIVERS



"Excellent seminar – superb presenter whose mission in life is CLEAR. Keep doing what you're doing – bringing this gospel to everyone, everywhere." — Social Worker

**Sheila Warnock** co-author of *Share The Care* and a three-time real-life caregiver has many stories to share about the challenges caregivers face. About ways ordinary people have come together in extraordinary circumstances. About her decision to leave a successful career and establish a non-profit organization to promote and educate people and professionals about the benefits of *Share The Care™* model. Her stories have moved audiences to tears and inspired champions to lead local programs.

Warnock has developed and leads an accredited training for health professionals and clergy called "**Seeding Share The Care™ in Community**" Program in communities across the country. (See website and call or email for a proposal.) She has reached thousands of caregivers and other professionals through her lectures, workshops and presentations at national conferences in the US and Canada.

AVAILABLE FOR KEYNOTE, WORKSHOP OR PANEL  
(Sheila can tailor her presentation to your needs)

- ◆ Health Professional Conferences
- ◆ Caregiver Conferences or disease specific conferences
- ◆ Faith Communities
- ◆ Military Caregivers and Professionals, Chaplains
- ◆ Working Caregivers
- ◆ Women's Organizations, Clubs, Retirement Communities
- ◆ Teamwork, Community Building

Warnock is a member of local and national caregiving and aging associations and is the recipient of many awards including the prestigious Daily Point of Light Award and was a L'Oreal Paris Woman of Worth Honoree. Recently she received a "Maggie Kuhn" Award from Presbyterian Senior Services for her efforts to help caregivers. For more information visit our website.



"Very empowering. As we baby boomers age, we will need to take care of each other because there is going to be a serious shortage of health care professional. Plus with recent government budget cuts, agencies aren't going to be able to provide the same level of service. We will have to depend on volunteers." — RN

Sheila Warnock's book *Share The Care* will lead the national hospice movement to its next step, meeting the needs of the millions of Americans living alone who will need hospice care. Her work is groundbreaking." — Kauai Hospice Share The Care Coordinator, author

"Excellent workshop. Very real practical information. This type of care can certainly enrich the lives of so many—whose only alternatives may be institutionalization." — Home Health RN & Case Manager

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