

Americanism continued...

This is a time to offer to go for someone who can't, getting things that are necessary for day to day life. If need be, and as we are able, purchasing items that can comfort or ease anxiety. Doing whatever we can, to offer support and encouragement -that is what our MOPHA is all about. Another simple way to show pride and patriotism in America, is to model for our younger citizens, ways they can help. They are excellent with technology, so suggest FaceTime as a way to connect visually with their grandparents, veterans or someone they don't see often. What a great way to share some sunshine!

Maybe, like me, there are those who need some technology assistance, so we can offer to help. Just hearing a friendly voice can make a world of difference in a person's day. It shows you care, and that is what everyone needs to know! If technology is not something you feel comfortable with, writing a short note that simply says "I'm thinking of you today" can bring a smile to even the most seemingly, grumpy individual. There is something about getting mail, that isn't a bill, that is exciting. Even those children who can't yet write can draw pictures to be sent to those isolated. Imagine the warm fuzzy feelings you can inspire with that simple drawing! Sharing in that way, helps the child feel needed and also makes the person who receives it, feel like they are not forgotten. Showing kindness is one of the things we as Americans do best!

Family will always be important and our MOPH organization is our extended family, of which I am proud and honored to be a part. Patriotism, as well as Americanism, means extreme pride in America, and we can each take pride in helping one another. When we salute the flag, say the Pledge of Allegiance, or sing the National Anthem, we are saying to the world, "We believe in America" and are committed to doing whatever it takes to restore the American way of life- helping to restore our everyday lives and jobs.

We will prevail during these difficult times and we will do it together. We are at our best when we support one another. May God continue to bless our MOPH and MOPHA families, our communities, and our United States of America!

Just as a side note, getting in your Americanism report is so much simpler, with it being online!