MOTIVATIONAL INTERVIEWING LEARNING COLLABORATIVE

with Dr. Kelley McNichols

This learning collaborative is designed to build foundational, advanced, integration and mastery of Motivational Interviewing (MI) to improve behavioral health outcomes.

Behavioral health professionals, case managers, social workers, recovery specialists, and integrated care staff are invited to participate in this 3-phase program with goals to increase confidence and fidelity in MI, embed MI into routine behavioral health practice and to develop internal MI champions to sustain practice change.

AICDAC RECOVERY HUB

RECOVERYHUB@AICDAC.ORG | 724-762-3429 | AICDAC.ORG

RUNDOWN

PHASE I

Full-Day Foundational Training

July 1, 2026
9am-4pm

This will be a 1 full-day, in-person training to ensure participants receive baseline MI understanding, knowledge and practice.

Phase I is a pre-requisite for all other Phases

click or scan

Location: Belmont Complex | 415 Butler Rd. Kittanning, PA 16201

PHASE II

Advanced MI Collaborative

Phase II is comprised of 3 sessions that will be delivered in an online format.

- July 15, 2026
- July 29, 2026
- August 12, 2026

All sessions run from 12:00pm - 1:30pm

Phase II is a pre-requisite for Phase III

Online link will be provided upon completion of Phase I

PHASE III

Integration and Mastery MI Collaborative

Phase III is comprised of 3 sessions that will be delivered in an online format.

- August 26, 2026
- September 9, 2026
- September 23, 2026

All sessions run from 12:00pm - 1:30pm

Phase II is a pre-requisite for Phase III

Online link will be provided upon completion of Phase II

ARMSTRONG INDIANA CLARION
DRUG AND ALCOHOL COMMISSION
Maximizing Resources • Empowering Change

This publication and project are made possible by SAMHSA FAIN 6H79TI085783-01M001 and by the Pennsylvania Department of Drug and Alcohol Programs (DDAP) Grant Number 4100095780. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of SAMHSA or DDAP. Individuals seeking treatment or supports for themselves or a loved one can call the toll-free PA Get Help Now helpline at 1-800-662-HELP (4357) or text 717-216-0905.

PHASE I

Full-Day Foundational Training

- Understand the spirit of MI (partnership, acceptance, compassion, evocation)
- Learn and practice core MI skills (OARS):
  - Open-ended questions
  - Affirmations
  - Reflective listening
  - Summarizing
- Recognize and respond to change talk vs. sustain talk
- Practice guiding conversations toward behavior change

PHASE II

Advanced MI Collaborative

Apply MI skills strategically to evoke and strengthen change talk.

- Deepen reflective listening
  - Complex Reflections
- Elicit and strengthen change talk
- Manage sustain talk
- Strategic use of summaries
- Reflect on successes and challenges
- Structured role plays (realistic behavioral health scenarios)
- Facilitator coaching
- Peer feedback

PHASE III

Integration and Mastery MI Collaborative

Demonstrate deliberate practice by enhancing the spirit of MI to guide conversations with precision and responsiveness.

- Skill integration
- Precision in evoking change talk
- Deliberate practice
- Addressing ambivalence and discord
- Improve fidelity to MI model
- Apply MI techniques in real client interactions
- Professional development coaching
- Peer feedback

This publication and project are made possible by SAMHSA FAIN 6H79TI085783-01M001 and by the Pennsylvania Department of Drug and Alcohol Programs (DDAP) Grant Number 4100095780. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of SAMHSA or DDAP. Individuals seeking treatment or supports for themselves or a loved one can call the toll-free PA Get Help Now helpline at 1-800-662-HELP (4357) or text 717-216-0905.