BC3

Available in-person or online

# HOPE IS DOPE

## PROFESSIONAL SERIES

This **free** class is open to all professionals. Facilitated by the author of "Hope is Dope" and Licensed Professional Counselor, Steve Treu. Learn how substance-use changes our brain's chemistry and how to heal those changes using natural, healthy and often free tools all backed by the latest neuroscience research. ***CEU Credits Available***



**TO REGISTER:**

**visit bc3.edu/hope or email kenneth.clowes@bc3.edu**

### Topics include:

- Regulating endorphins and dopamine
- Beliefs, Habits, & Neuroplasticity
- Spirituality & Recovery

**DATES:** TUESDAYS
APRIL 21 - MAY 5TH

**TIME:** 2:00 P.M. - 4:00 P.M.

**LOCATION:**
BC3 MAIN CAMPUS
ROOM BH 186
OR ONLINE



**Helping you to empower those in recovery.**

**For more information email kenneth.clowes @bc3.edu**