

## CCAR Signature Trainings

### **Recovery Coach Academy (30 CEs)**

A 5-day intensive training academy focusing on providing individuals with the skills need to guide, mentor, and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs.

### **Recovery Coaching Basics (6 CEs)**

This training is a condensed Recovery Coach Academy, designed for all individuals, parents, families, friends, professionals, etc. This training is great for those interested in getting a taste of what recovery coaching is all about, before the 5-day training commitment.

### **Ethical Considerations for Recovery Coaches (16 CEs)**

Recovery coaching as a peer-to-peer recovery support services has grown exponentially over the past few years. The issue of ethical considerations has been discussed in many circles yet formal training has been lacking for recovery coaches.

### **Recovery Coach Academy for Young People (30 CEs)**

This training was developed to enhance the skills of young people supporting other young people on their recovery journey.

### **Spirituality and Recovery Coaching (12 CEs)**

The purpose of this program is to help recovery coaches understand what spirituality is and how you would help someone in their own process of discovering spirituality. This two day course will help you explore your own beliefs and values as it comes to spirituality.

### **Recovery Coaching and Professionalism (12 CEs)**

CCAR is dedicated to building training programs, so that coaches are able to regularly refine their craft of actively listening, asking good questions, and managing their own stuff. With a greater need for skilled coaches to work in other professional settings, CCAR has developed what we think will be a highly utilized and sought after training program for recovery coaches looking to work or are working within professional settings.

### **Recovery Coaching in the Emergency Department (12 CEs)**

Recovery coaching continues to gain momentum throughout the country, and with good reason. Recovery coaches can, and do, connect people to long term and sustained recovery. Because of this, more and more, coaches are being utilized in a variety of settings, including emergency departments.

### **Recovery Coaching in Justice Settings (12 CEs)**

People who have faced jail time, or incarceration, or any involvement within these settings have multiple barriers to overcome, so why not provide recovery coaches who can assist in navigating those barriers while providing support in their recovery journey, there is no better setting to serve as recovery coaches.

### **Coachervision (12 CEs)**

Recovery coaching is growing as a profession due to its effectiveness in not only helping people find recovery, but staying in recovery. We see coaches deployed in a wide variety of settings and as such, coaches are supervised by a wide range of positions, and not everyone who is overseeing the coaches understands fully the unique nature of the role.

### **Advanced Academy for Recovery Coaches (24 CEs)**

CCAR has designed a unique opportunity for experienced recovery coaches to come together to deepen their understanding of the foundational principles of recovery coaching.