

# youth Mental Health First Aid train the trainers

Register now for this 3-day training event!  
January 24, 25, and 26, 2022  
8:30am–5pm | Virtual/Online | CPDU Hours: 24

*How can trainers help adults identify, understand, and respond to signs of mental illness and substance abuse disorders in youth?* This course, taught by a representative from the National Council for Mental Wellbeing, will explore the necessary skills to reach youth, communicate effectively with them, and provide initial support as connections to appropriate care are made.

In order to be certified to deliver the standard Adult and Youth Mental Health First Aid course to others, participants must attend all three days and pass a short-written exam. To remain certified as a trainer, participants must deliver the Mental Health First Aid Program three times per year.

Cost: This is a free event provided by the Bureau of Justice STOP (Students, Teachers and Officers Preventing) School Violence Prevention and Mental Health Training Program.

**REGISTER HERE**

