



# **FRIENDS & FAMILY INFORMATIONAL SESSION**

**LEARN THE BASICS OF DOMESTIC VIOLENCE  
AND HOW TO HELP A FRIEND OR FAMILY  
MEMBER EXPERIENCING ABUSE**

**JOIN US ON 10/14/2020 FROM 7-8:30 PM  
FOR A FREE VIRTUAL INFORMATIONAL SESSION**

**TO REGISTER AND RECEIVE THE LINK TO THIS VIRTUAL  
SESSION, PLEASE EMAIL BETSY CARLSON AT  
CARLSONB@METROFAMILY.ORG**

**OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH**

