

COURAGEOUS
conversations

PRESENTS...

How to Raise a Socially-Conscious, Anti-Racist Kid

A conversation with Amber Coleman-Mortley,
Sonia Mathew, and Dr. Shawn Healy

Parents are invited to join IllinoisCivics.org and the [DuPage Regional Office of Education](https://DuPageRegionalOfficeofEducation.org) for a conversation on what it means to be an anti-racist and how to raise a socially-conscious kid. Parents will learn why they need to better prepare children to tackle issues of racism, equity, and social justice; how they can go on their own anti-racism journey; and what steps families can take to build stronger communities through anti-racist work.

Suggested reading:

[*How to Raise An Anti-Racist Kid*](#)
[*The Conscious Kid*](#)

Suggested viewing:

[*How to Raise A Socially Conscious, Anti-Racist Child*](#)

Register



Amber Coleman-Mortley is the Director of Social Engagement at iCivics where she recruits teacher influencers, elevates diverse voices and perspectives within the civic education space, and manages the Youth Fellowship. She holds a B.A. in African American Studies from Oberlin College and a Master of Communications from American University in Media Entrepreneurship. Amber is an NBC Parent Toolkit Expert, blogging about K12 education, edtech, and family life at MomOfAllCapes and on her podcast with her daughters, LetsK12Better. She's featured in the *LA Times*, *NY Times*, *The Washington Post*, *Smithsonian Magazine*, *Edutopia*, and a variety of other publications.



Sonia Mathew is a Program Officer for the Democracy Program at the Robert R. McCormick Foundation. In this role, she oversees the youth civic engagement strategy and manages the Democracy Schools Initiative to strengthen the state's civic education system. Prior to joining the Foundation, Sonia's career was grounded in both the classroom and the nonprofit sector. She spent almost ten years as a social studies teacher in Chicago, and her experience with nonprofits included work with Urban Teacher Residency United, Mikva Challenge, and Public Allies Chicago. The proud parent of three incredible children, Sonia completed her B.A. in Political Science at the University of Michigan and her M.A. through the Social and Cultural Foundations in Education program at DePaul University.



Shawn Healy, PhD, leads the Robert R. McCormick Foundation Democracy Program, which seeks to strengthen democracy in Illinois through informed and engaged citizens and communities, vigorous and independent journalism, and responsive systems of government. Healy chaired the Illinois Task Force on Civic Education in 2014 and later led the separate legislative campaigns for a required civics course in Illinois in middle and high school. He also led the Illinois Social Science Standards Task Force, whose recommendations were adopted by the Illinois State Board of Education in 2015.

Healy also serves as an adjunct professor in Public Administration at the University of Illinois at Chicago. Before joining the McCormick Foundation, he served as a social studies teacher at West Chicago Community High School and Sheboygan North High School. A 2001 James Madison Fellow from the State of Wisconsin, he holds a M.A. and PhD from the University of Illinois at Chicago in political science and earned a bachelor's degree with distinction in Political Science, History and Secondary Education from the University of Wisconsin at Madison.