

Monthly Social Emotional Learning Series for School Leaders with Greg Wolcott

4-6 pm on February 16, March 16, April 20, and May 18

The past year has been emotionally and physically taxing on school leaders around the country. Now, more than ever, the social and emotional health of those working in and with schools needs to be a priority.

Throughout this monthly series, leaders will learn self-care strategies and science-based techniques to master mindset, embrace their emotions, and channel their energy while promoting their own mental, physical and emotional health.

Meetings will be facilitated by Greg Wolcott, Assistant Superintendent in Woodridge #68 and author of **Significant 72: Unleashing the Power of Relationships in Today's Schools.**

The target audience for these sessions is Superintendents, Principals, and other School Leaders.

All sessions are hosted virtually from 4:00 PM to 5:00 PM. Please click [here](#) to register for the following sessions:

- 02/16/2022 from 4:00 PM to 5:00 PM
- 03/16/2022 from 4:00 PM to 5:00 PM
- 04/20/2022 from 4:00 PM to 5:00 PM
- 05/18/2022 from 4:00 PM to 5:00 PM

(Professional Development Credit and/or CEU's will be provided.)