

# BEHAVIOR MANAGEMENT

Social Skills, Anger Control, Empathy  
& Problem Solving Training for K-12  
Building Administrators *presented by Nels Nelson*

January 30

8am – 3pm

Regional Office of Education



## ***Empowering Educators to Effectively Handle the Social and Emotional Needs of Students***

Behavior Management within the K-12 school environment continues to be problematic and challenging. This academy, facilitated by the DuPage Regional Office of Education and presented by Nels Nelson, will offer building administrators the tools needed to move their schools toward a more systematic and uniform way of shaping behavior through a multimodal perspective, which seeks to change the individual's thinking, emotion, and action.

The course and supporting materials are from the *Washington Aggression Interruption Training WAIT Program*, which is a specific form of Aggression Replacement Training®. This course was further developed using *The Prepare Curriculum*, written by Arnold P. Goldstein.

Participants will learn techniques to teach interpersonal skills for various social situations, apply anger management concepts to increase self-control, facilitate the normal adolescent growth of moral-cognitive development and teaching students to stop and think, slow themselves down and identify the real problem.

**Register Now**



Nels C. Nelson from NC Consulting has a background in cognitive behavioral therapy and has implemented and facilitated evidence-based programming in juvenile justice, social services, and school districts throughout Illinois. Nels is a performance consultant and instructor to government and private sector agencies, providing adult education and training.



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