

# TRAUMA-INVESTED COMMUNICATION

August 25, 2021  
4:30 - 5:40pm (CT) | Via Zoom  
Registration cost: \$25

***Effective communication is critical to establishing and maintaining relationships!*** When dysregulation or disconnection occurs, and one or both people in a conversation go to the “downstairs brain,” effective communication might be the only thing that can save you!

Join award-winning author Kristin Souers as she leads a webinar to train participants on best practices for trauma-invested communication for educators—whether it's talking to staff, students, families—in order to create a culture of safety in your school settings.

Participants will:

- review their mindsets and ways to work with the mindsets of those they serve,
- explore ways to reframe and support repair following disruptions in communication,
- discuss the steps to trauma-invested communication, and
- learn strategies to support healthy conversations.

*Kristin Souers, MA LMHC, is an award-winning author of Fostering Resilient Learners: Strategies for Creating a Trauma-Sensitive Classroom Environment (ASCD, 2016) and many other publications and articles. She provides critical professional development, consultation, education, and training services to schools, school districts, and organizations across the country. She has presented to thousands of audiences, facilitated group learning, supervised internships, directed programs, been an adjunct professor at Gonzaga University in their Masters in Counseling Program, and supported the learning and growth of countless educators, caregiving professionals, and other individuals.*

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