The SEL Hub in Area 1 is pleased to present

fostering resilient St.L. HUS with Kristin Souers Learners with Kristin Souers



November 3, 2022 | 8am-2:45pm | Bloomingdale Golf Club

Childhood trauma is real, and it's more prevalent than many believe.

Add to that a lingering pandemic, political turmoil, strained race relations, and a host of other factors—and education is an extremely challenging field right now!

On November 3, join us for an engaging workshop where you'll learn from childhood trauma expert and award-winning author Kristin Souers. She'll discuss the importance of acknowledging our reality, building empathy for ourselves and others, understanding mindsets, and fostering resilience as we face extraordinary challenges.



For more than two decades, Kristin Souers has dedicated herself to the improvement of people's lives. As a licensed mental health counselor, independent consultant, and adjunct faculty member at the Gonzaga University School of Education, Kristin provides professional development and training services to schools throughout the country. Kristin co-authored the award-winning publications Fostering Resilient Learners: Strategies for Creating a Trauma-

Sensitive Classroom and Relationship, Responsibility, and Regulation: Trauma-*Invested Practices for Fostering Resilient Learners.*



Click or scan to register!



The cost of the presenter is being paid by the SEL Hub. Participants will pay a nominal registration fee of \$45.



Bloomingdale Golf Club 181N Glen Ellyn Rd Bloomingdale, IL 60108

