



# JANUARY

Mon	Tue	Wed	Thu	Fri
5 <b>Marinara Sauce</b> <b>Meatballs</b> <b>W. G. Spaghetti</b> <b>Noodles</b> <b>Garlic Bread</b> <b>Cauliflower</b>	6 <b>Pulled Pork</b> <b>Whole Grain Bun</b> <b>Macaroni &amp; Cheese</b> <b>Carrots</b>	7 <b>Mini Corn Dogs</b> <b>(W.G. Breading)</b> <b>Cheesy Hashbrowns</b> <b>Peas</b> 	8 <b>W.G. Breaded</b> <b>Chicken Patty</b> <b>Cheese Slice</b> <b>W.G. Hamburger</b> <b>Bun</b> <b>Baked Beans</b> <b>Corn</b>	9 <b>Breakfast Sausages</b> <b>W.G. French Toast</b> <b>Sticks</b> <b>Potato Cubes</b> <b>Juice</b>
12 <b>Sliced Turkey</b> <b>Cheese Slice</b> <b>Whole Grain Bun</b> <b>Potato Wedges</b> <b>Corn</b>	13 <b>Cheese Quesadilla</b> <b>(W.G.)</b> <b>W.G. Rice</b> <b>Green Beans</b>	14 <b>Sloppy Joe</b> <b>Cheese Slice</b> <b>W.G. Hamburger</b> <b>Bun</b> <b>Baked Beans</b> <b>Peas</b>	15 <b>Grilled Chicken</b> <b>Cheese Slice</b> <b>W.G. Bun</b> <b>Crinkle Fries</b> <b>Mixed Vegetables</b>	16 <b>Scrambled Eggs</b> <b>Breakfast Sausage</b> <b>Hashbrown</b> <b>Blueberry Muffin</b> <b>Juice</b>
19 <b>No School</b> 	20 <b>Hamburger</b> <b>Cheese Slice</b> <b>W.G. Hamburger</b> <b>Bun</b> <b>French Fries</b> <b>Baked Beans</b>	21 <b>Pizza</b> <b>(W.G. Pizza Crust)</b> <b>Tator Tots</b> <b>Green Beans</b>	22 <b>W.G. Fish Sticks</b> <b>Macaroni &amp; Cheese</b> <b>Peas &amp; Carrots</b> 	23 <b>Egg &amp; Cheese</b> <b>Biscuit</b> <b>Potato Cubes</b> <b>Juice</b>
26 <b>W.G. Pizza Dippers</b> <b>Pizza Sauce</b> <b>Potato Smiles</b> <b>California Blend</b>	27 <b>Taco Salad</b> <b>(Corn Chips)</b> <b>W.G. Rice</b> <b>Re-Fried Beans</b>  <b>McDonalds/Subway</b> <b>Day Care-3rd Grade</b>	28 <b>Grilled Cheese</b> <b>On W.G. Bread</b> <b>Chicken Soup</b> <b>Fresh Vegetables</b>  <b>McDonalds/Subway</b> <b>Grades 4-8</b>	29 <b>Chicken in Gravy</b> <b>Mashed Potatoes</b> <b>Dinner Roll</b> <b>Mixed Vegetables</b> 	30 <b>Egg Patty</b> <b>Sausage</b> <b>Waffle</b> <b>Hashbrown</b> <b>Juice</b>

All meals include  
Salad Bar,  
Assorted  
Vegetables,  
Assorted Fruits,  
and Milk.

**Lunch Prices**  
ECLC-8th GRADE \$4.20  
SALAD BAR \$3.50  
ADULTS \$4.65  
ADDITIONAL MILK \$.75



**USDA Meal Pattern**  
Trinity Lutheran School participates in the National School Hot Lunch Program. We offer 5 meal components: Meat/Meat Alternate, Grain, Fruit, Vegetable and Milk. Each student must take three components and one must be a fruit or vegetable.



 =Vegetarian/Vegetarian Option

This institution is an equal opportunity provider