

CROSS TIMBERS FAMILY YMCA 2025 BASKETBALL GYM SCHEDULE -

Updated August 11 - Schedule Subject to Change

Facility Hours: Mon-Thur 5a - 9p, Fri 5a - 8p, Sat 7a - 4p, Sun 1p - 5p

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
OPEN 5A - 9P			OPEN 5A - 9P			OPEN 5A - 9P			OPEN 5A - 9P			OPEN 5A - 8P		
TIME	SIDE A	SIDE B	TIME	SIDE A	SIDE B	TIME	SIDE A	SIDE B	TIME	SIDE A	SIDE B	TIME	SIDE A	SIDE B
5 AM			5 AM			5 AM			5 AM			5 AM		
6 AM			6 AM			6 AM			6 AM			6 AM		
7 AM			7 AM			7 AM			7 AM			7 AM		
8 AM			8 AM			8 AM			8 AM			8 AM		
9 AM	AM Line Dance		9 AM			9 AM	Line D	ance	9 AM	Mobility		9 AM		
10 AM			10 AM			10 AM			10 AM			10 AM		
11 AM			11 AM	1 PICKLEBALL		11 AM			11 AM	PICKLEBALL		11 AM		
12 PM			12 PM			12 PM			12 PM			12 PM		
1 PM			1 PM			1 PM			1 PM			1 PM		
2 PM			2 PM			2 PM			2 PM			2 PM		
3 PM			3 PM			3 PM			3 PM			3 PM		
4 PM			4 PM			4 PM			4 PM			4 PM		
5 PM			5 PM			5 PM			5 PM			5 PM		
6 PM			6 PM			6 PM		Women's	6 PM			6 PM		
7 PM			7 PM			7 PM		Volleyball	7 PM			7 PM		
8 PM			8 PM			8 PM		Volleyball	8 PM		8 PM			

	SATURDA	·Υ	SUNDAY				
	OPEN 7A -	4P	OPEN 1P - 5P				
TIME	SIDE A	SIDE B					
5 AM							
6 AM							
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
12 PM							
1 PM			1 PM		Member		
2 PM			2 PM		Pickleball		
3 PM			3 PM		Up to 2		
4 PM			4 PM		Courts		

SIDE A IS CLOSEST TO LOCKER ROOMS SIDE B IS FAR SIDE OF GYM

SCHEDULE SUBJECT TO CHANGE