



How to Join a Virtual Class

Once you have received the The School of Royal Yoga email response, click on the Zoom link shown in the email. The first time you do this, you will need to follow the prompts to download and run Zoom. It is not necessary to sign up for an account and it is free to use.

Joining from a mobile device

(Android smartpone/tablet, Apple iPhone/iPad)

When joining from a mobile device for the first time, it will prompt you to download the Zoom Cloud Meetings app from the App or Play Store

Joining from a computer

When entering a Zoom meeting for the first time from a computer you will need to download a small application file by following the onscreen prompts.

During the joining process, it may ask you to type in your name. This name may be visible to the other participants, so feel free to use initials if you prefer.

If you are prompted to enter a Meeting ID, that can be found in the same email as the link.

Click button to “Join the Audio Conference”.

[Note that after the first time, you will simply click the link in the email and follow the prompts to “Open Zoom” and then “Join the Audio Conference”].

These classes will be live video. Only the Teacher will be visible. Students will be muted to prevent interruptions from household noise.

The classes will last approximately 40 minutes and the video will automatically end.

Please contact the office if you have any questions after you have attended a class. We are happy to receive feedback on this new process so we can be sure it is working for everyone.

We look forward to having you join us!