



July 12, 2018....For immediate release

**Free School and Sports Physicals  
Offered by Coastal Community Health Services**

From July 16 through September 7, students at Glynn and McIntosh County schools can receive free physical exams at Coastal Community Health Services. The exams fulfill the mandatory requirements for all five-year-olds entering kindergarten, and the evaluation clearance forms for student athletes.

New kindergarten students receive a hearing and vision screening, basic dental check, height and weight check. Attending to these details before school begins is an important step toward classroom success, noted Coastal Community Health Services Executive Director Barbara Meyers.

"Starting out with good health really does impact school performance for children," she stated. "Catching things like vision or hearing problems can help a child meet his or her full potential. It's very frustrating for children to be expected to participate if they can't see clearly, or cooperate with the teacher if they can't hear the instructions. Educators tell us that some early behavior and learning problems in the classroom are related to these insufficiencies, so we want to make sure that all of our young students have an equal opportunity to succeed."

Students participating in school-sponsored sports also receive vision screening and height and weight checks along with a basic cardiovascular wellness check. The physicals offered by Coastal Community Health Services are an important part of the safety and wellness guidelines for students in middle and high school sports programs.

Appointments can be made for the exams by calling 912-275-8028. Coastal Community Health Services has clinic locations at 106 Shoppers Way near the Glynn Place Mall, and at 2211 Bartow Street in Glynn County. The McIntosh County clinic is located at 6574 Shellman Bluff Road, NE in Shellman Bluff.

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