

MONDAY
9AM-6PM

TUESDAY
9AM-6PM

WEDNESDAY
9AM-4PM

THURSDAY
9AM-6PM

FRIDAY
9AM-3 PM

SATURDAY
9AM-12PM



Tween Makers' Space Creations

Bilingual Playgroup 10-11
Active Parenting of Teens
11-1:30

1

Tea & Toddler
Mom's Club
10-11

Grandparents Raising
Grandchildren
12-1

2

CLOSED

3

Family Lunch 11:45-12:30

Me, You We Playgroup
during Play & Learn 10-11

Parenting Journey 12-2

Multifamily DBT 4:30-6

Nurturing Fathers 6-8

5

Drop-In Support
by appointment
9-12

Parent Advisory
3:30-4:30

7

Bilingual Playgroup 10-11
Active Parenting of Teens
11-1:30

8

New Baby, New Feelings
10-11

9

FC SATURDAY

Open Playroom
9:30-11:30

10

Hablemos 12-1

12

Me, You We Playgroup
during Play & Learn 10-11

Parenting Journey 12-2

Multifamily DBT 4:30-6

Nurturing Fathers 6-8

13

Drop-In
Support By
appointment
9-12

14

Bilingual Playgroup 10-11
Active Parenting of Teens
11-1:30

Pajama Party
& Tween Makers Space
4-5:30

15

Tea & Toddler
Mom's Club
10-11

Grandparents Raising
Grandchildren
12-1

16

CLOSED

17

CLOSED

19

Me, You We Playgroup
during Play & Learn 10-11

Parenting Journey 12-2

Multifamily DBT 4:30-6

Nurturing Fathers 6-8

20

Drop-In
Support By
appointment
9-12

Community
Advisory
3-4

21

Bilingual Playgroup 10-11
Active Parenting of Teens
11-1:30

22

New Baby, New Feelings
10-11

23

FC SATURDAY

Family Fun Day
10-12:30

24

Hablemos 12-1

26

Play & Learn 10-11

Parenting Journey 12-2

Multifamily DBT 4:30-6

Nurturing Fathers 6-8

27

Drop-In
Support By
appointment
9-12

28

Bilingual Playgroup 10-11
Active Parenting of Teens
11-1:30


29

30

Call to make an
appointment for
individual support.

DROP-IN SUPPORT HOURS


Monday 10-1
Tuesday 10-1
Thursday 10-1
Friday 10-1
Saturday 2nd & 4th
9:30-11:30



We Need Your Voice!
JOIN OUR PARENT ADVISORY ZOOM MEETING!

2023 DATES
JUNE 7TH
SEPTEMBER 6TH
DECEMBER 6TH
3:30PM-4:30PM

YOUR INPUT IS IMPORTANT TO US.
HELP SHAPE OUR PROGRAMS AND SERVICES.
JOIN US TO HEAR UPDATES AND TO SHARE
THOUGHTS, IDEAS AND FEEDBACK AROUND
CURRENT PROGRAMMING, PARENT
WORKSHOPS AND BRAINSTORM OTHER WAYS
WE CAN SUPPORT FAMILIES.



RSVP
FOR ZOOM
LINKS



*Last month's Tacos, Teens &
Tie Dye event!*



ONGOING PROGRAMMING

FAMILY ACTIVITIES

FAMILY LUNCH - Join us once a month for an interactive meal and the opportunity to socialize with other Family Center families.

FAMILY PAJAMA PARTY- 3rd Thursday of the month. 4-5:30 pm unless in person. Registration required when virtual. Literacy event for children ages 0-8 years old and their caregivers.

FC SATURDAYS - 2nd & 4th 9:00am-12:00pm Drop in for individual family support or have fun in the open playroom

STOP & PLAY - Reserve & enjoy one hour for exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or pod-buddies to explore, play & read

PLAYGROUPS

Weekly free Parent - Child playgroups from infancy through age 6. Come play, practice skills, read stories, and make new friends!
** Snack Provided ** No registration required.**

PLAY & LEARN - TUESDAYS 10-11
BILINGUAL PLAYGROUP - THURSDAYS 10-11

SUPPORT GROUPS

New Baby, New Feelings - 2nd Friday 10-11am
Monthly social/support group for moms with babies ages 0-16 months.

Tea & Toddler Mom's Club - 1st & 3rd Fridays 10-11am
Weekly support group for moms with toddlers age 16mos—5yrs.

Grandparents Raising Grandchildren - 1st and 3rd Friday 12-1PM
Bi-weekly support group in person at the Family Center for all grandparents.

Hablemos - 2nd & 4th Monday 12-1PM Bi-weekly support group for Spanish speaking caregivers

EVIDENCE-BASED CAREGIVER EDUCATION

We offers a variety of parent & caregiver strength a programs. All programs are voluntary and free to enroll. Registration and intakes are required. **Waitlists are ongoing.** See calendar for dates and times.

Active Parenting of Teens
Healing Trauma in Spanish
Nurturing Fathers
Parenting Journey
Multi-Family DBT (Dialectical Behavior Therapy)
Keeping Kids Safe



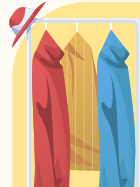
DIAPER DISTRIBUTION


In need of diapers? We've got you covered once a month.

Free & Intake required.

Monday-Friday during our open hours.


COMMUNITY CLOSET


In need of clothes? Shop in our free community closet.

Free & Intake required.

Call to schedule a shopping 413.475.1555

WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?


Use the online Ages & Stages Questionnaires to learn more about how they are growing and learning!



SCAN ME 