



**COMMUNITY ACTION  
FAMILY CENTER**

# NEW BABY, NEW FEELINGS



A free, safe, confidential  
drop in support group for  
mothers with infants.

**EVERY 2ND FRIDAY  
10:00AM - 11:00AM  
90 FEDERAL ST, GREENFIELD MA**

Becoming a parent for the first time or  
welcoming another addition brings new  
emotions, experiences and challenges in ways  
you never imagined.

Connect with other moms during this time of  
isolation to get support and explore the range  
of feelings during the postpartum time

This group is based on honesty, mutual  
respect, non-judgement & acceptance.

**For more information and to get connected call 413.475.1555**



Baystate  Health



@capvfamilycenter



Community Action Family Center

"Community Action Family Center is funded in part by Coordinated Family and Community Engagement (CFCE) grant of the Department of Early Education and Care, Children's Trust Massachusetts Family Center grant, The United Way of Franklin County, Baystate Franklin Medical Center Better Together grant, the Massachusetts Family Resource Center grant and generous donations from our families and friends."