



**COMMUNITY ACTION
FAMILY CENTER**

New Baby, New Feelings

A free, safe, confidential
drop in support group for
mothers with infants.

**EVERY FRIDAY
STARTING SEPTEMBER 8, 2023
10:00AM - 11:00AM
90 FEDERAL ST, GREENFIELD MA**

Becoming a parent for the first time or welcoming
another addition brings new emotions, experiences
and challenges in ways
you never imagined.

Connect with other moms during this time of isolation
to get support and explore the range of feelings during
the postpartum time. Facilitated by a Midwife and an
Early Childhood Family Support Specialist.

This group is based on honesty, mutual respect, non-
judgement & acceptance.

For more information call 413.475.1555



@capvfamilycenter

Community Action Family Center

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