



COMMUNITY ACTION  
FAMILY CENTER

# New Baby, New Feelings



A free, safe, confidential  
drop in support group for  
mothers with infants.

**EVERY FRIDAY**  
**STARTING SEPTEMBER 8, 2023**  
**10:00AM - 11:00AM**  
**90 FEDERAL ST, GREENFIELD MA**

Becoming a parent for the first time or welcoming  
another addition brings new emotions, experiences  
and challenges in ways  
you never imagined.

Connect with other moms during this time of isolation  
to get support and explore the range of feelings during  
the postpartum time. Facilitated by a Midwife and an  
Early Childhood Family Support Specialist.

This group is based on honesty, mutual respect, non-  
judgement & acceptance.

**For more information call 413.475.1555**



@capvfamilycenter



Community Action Family Center

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