



COMMUNITY ACTION FAMILY CENTER

90 Federal St. Greenfield MA
413.475.1555 Se habla Espanol
www.communityaction.us/family-center

SEPTEMBER 2023

ALL PROGRAMS ARE FREE
We are a MA Family Center
& MA Family Resource Center



Find us on
Facebook

MONDAY
9AM-6PM

TUESDAY
9AM-6PM

WEDNESDAY
9AM-4PM

THURSDAY
9AM-6PM

FRIDAY
9AM-3 PM

SATURDAY
9AM-12PM

CLOSED
LABOR DAY

4

Play & Learn 10 -11
Nurturing Fathers 6-8

5

Drop-In
Support By
appointment
9-12
**Parent
Advisory**
3:30-4:30

6

Bilingual Playgroup 10-11

7

New Baby, New Feelings
10-11
Tea & Toddler Mom's Club
12:30-1:30

8

FC SATURDAY
Open Playroom
9:30-11:30

9

Hablemos 12-1

11

Play & Learn 10 -11
Nurturing Fathers 6-8

12

**CENTER
CLOSED**
DEPARTMENT STAFF
DEVELOPMENT

13

Bilingual Playgroup 10-11
Family Lunch 11:30-12:15
Virtual Pajama Party 4 - 4:30

14

New Baby, New Feelings
10-11
Grandparents Raising
Grandchildren 12-1
Tea & Toddler Mom's Club
12:30-1:30

15

CLOSED

16

Hablemos 12-1

18

Play & Learn 10 -11
Parenting Journey 12-2
Multifamily DBT 4:30-6
Nurturing Fathers 6-8

19

Drop-In
Support By
appointment
9-12
**Community
Advisory**
3:00-4:00

20

Bilingual Playgroup 10-11
Family Game Night
4:00-5:30

21

New Baby, New Feelings
10-11
Tea & Toddler Mom's Club
12:30-1:30

22

FC SATURDAY
Open Playroom
9:30-11:30

23

Hablemos 12-1

25

Play & Learn 10 -11
Parenting Journey 12-2
Multifamily DBT 4:30-6
Nurturing Fathers 6-8

26

Drop-In
Support By
appointment
9-12

27

Bilingual Playgroup 10-11
**Bilingual Potty Training
Workshop 10-11**

28

New Baby, New Feelings
10-11
Tea & Toddler Mom's Club
12:30-1:30

29

CLOSED
Community Baby Shower
@ Greenfield Town
Common
10-12:30

30

Call to make an
appointment for
individual support.

DROP-IN SUPPORT HOURS

Monday 10-1
Tuesday 10-1
Thursday 10-1
Friday 10-1
Saturday 2nd & 4th
9:30-11:30

HABLEMOS
GRUPO DE APOYO PARA PADRES

Ayudamos a las familias a obtener la confianza que necesitan para convertirse en defensores más efectivos de sus familias. Reúnase para hablar con otros cuidadores de habla Español.

**CADA LUNES
12PM-1PM**

**ALMUERZO & CUIDO DE
NIÑOS DISPONIBLE**

Fun for the whole family
**FAMILY
GAME
NIGHT**



SEPTEMBER 21
4:00-5:30
**90 FEDERAL ST
GREENFIELD MA**

ONGOING PROGRAMMING

FAMILY ACTIVITIES

FAMILY LUNCH - Join us once a month for an interactive meal and the opportunity to socialize with other Family Center families.

FAMILY PAJAMA PARTY- In Person 3rd Thursday every other month. 4-5:30 pm unless in person. Registration required when virtual. Literacy event for children ages 0-8 years old and their caregivers. (Virtual PJ Party every other month!)

FAMILY GAME NIGHT - Join us every other month on the 3rd Thursday 4 -5:30 PM for games, dinner, and fun for the whole family!

FC SATURDAYS - 2nd & 4th Saturdays 9:00am-12:00pm
Drop in for individual family support or have fun in the open playroom.

STOP & PLAY - Reserve & enjoy one hour for exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or pod-buddies to explore, play & read

PLAYGROUPS

Weekly free Parent - Child playgroups from infancy through age 6.
Come play, practice skills, read stories, and make new friends!
** Snack Provided ** No pre-registration required.**

PLAY & LEARN - TUESDAYS 10-11AM
BILINGUAL PLAYGROUP - THURSDAYS 10-11AM

SUPPORT GROUPS *Childcare provided*

New Baby, New Feelings - ***New Time!*** Weekly Fridays 10-11AM
Social/support group for moms with babies ages 0-16 months.

Tea & Toddler Mom's Club - **"New Time!"** Weekly Fridays 12:30-1:30PM
Weekly support group for moms with toddlers age 16mos—5yrs.

Grandparents Raising Grandchildren - 1st and 3rd Friday 12-1PM
Bi-weekly support group in person at the Family Center for all grandparents.

Hablemos - Weekly Mondays 12-1PM
Weekly support group for Spanish speaking caregivers

EVIDENCE-BASED CAREGIVER EDUCATION

We offer a variety of parent & caregiver strength-based programs. All programs are voluntary and free to enroll. Registration and intakes are required. **Waitlists are ongoing.** See calendar for dates and times.

Active Parenting of Teens
Healing Trauma in Spanish
Nurturing Fathers
Parenting Journey

Multi-Family DBT (Dialectical Behavior Therapy)
Keeping Kids Safe

Virtual PARENTING JOURNEY

Building stronger communities one family at a time



NEXT SESSION STARTS SEPTEMBER 19, 2023
TUESDAYS 12:00PM - 2:00PM ON ZOOM

DIAPER DISTRIBUTION



In need of diapers?
We've got you covered
once a month.

Free & Intake required.

Monday-Friday during our
open hours.

COMMUNITY CLOSET



In need of
clothes? Shop
in our free
community
closet.

Free & Intake required.

Call to schedule a
shopping 413.475.1555

WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?



Use the online
to learn more about
how they are growing
and learning!



SCAN ME 