

## It's Called: cBHT

**Compounded:** because it's made just for you, like a tailored suit. **Bioidentical:** because it's identical to your body's natural hormones,

Hormone therapy: because your body (like many people's!) isn't making enough

cBHT has been used for decades and improved a lot of lives. If you think it's just about menopause, it may surprise you what some of the other conditions cBHT is used for:

Chronic Fatigue Fibromyalgia Endometriosis Andropause Hypothyroidism Hypoadrenalism Female Sexual Dysfunction Vaginal Dryness Osteoporosis Infertility

Postpartum Depression Premenstrual Syndrome



The dosage form depends on the hormone. Certain hormones are not absorbed well orally or may cause effects that may not be desirable when taken orally. These are the typical dosage forms we compound with each hormone:

- Progesterone capsules, cream, troche
- Estrogen cream, troche
- Testosterone cream, troche

\*\*\*The patient-prescriber-pharmacist relationship is critical when making cBHT decisions! Make sure you have open and honest discussions with your health care practitioners.\*\*\*

ALREADY USING COMPOUNDED HORMONE THERAPY? SHARE YOUR STORY! THE FDA IS CONSIDERING RESTRICTING OR EVEN ELIMINATING CBHT, AND WE WANT TO SHOW HOW MANY LIVES IT'S CHANGED FOR THE BETTER.





