

# His Needs, Her Needs

BUILDING AN AFFAIR-PROOF MARRIAGE



Charlie & Ida McClendon  
Married for 59 years

**The His Needs, Her Needs Workshop, facilitated by Charlie & Ida McClendon, is being offered to all couples who are married, engaged, and those who are purposefully dating. This is a ten (10) week long workshop that meets each Friday from 7pm-9:30pm.**

**The cost is \$140.00 per couple.**

**Beginning August 24, 2018  
Through October 26, 2018**

**Please sign up at the Reception Desk**



Charlie E. McClendon, Senior Minister | Al Jackson, Minister

4736 Ave. B Jacksonville, FL 32209 | 904-765-9830 | jaxnscoc@bellsouth.net

Truly commit to your spouse



Love at a deeper level of intimacy



Love in ways you each need



Effective communication



Negotiate rather than argue



Work through conflicts together



Manage your anger



Forgive each other



Share & support each other's dreams