

## GOVERNMENT SHUTDOWN – WHERE TO GET ASSISTANCE

*Note: Given the uncertainty and high demand when SNAP benefits are at risk, it is highly recommended to call any pantry or distribution site directly before visiting to confirm their operating hours, distribution days, and what documents (if any) you will need to bring. Capacity and requirements may change quickly.*

**San Antonio Food Bank:** The Food Bank is the core of the emergency food network in the area. They distribute food through hundreds of partner agencies (like food pantries and soup kitchens) and host large-scale food distribution events.

Phone: (210) 337-3663 or (210) 431-8326

Address (Main Site): 5200 Historic Old Hwy 90 W, San Antonio, TX 78227

Finding Food: Use the Food Bank's or their partners' online locator (often called **Freshtrak**) by entering your zip code to find nearby pantries and upcoming distribution events.

**211 Texas:** This is a comprehensive social services hotline. Dial 2-1-1 on your phone (or 877-541-7905) and press option "1" to get free, confidential, multilingual assistance to find food pantries, meal sites, and other social service programs in your local area.

Local Food Pantries and Community Centers: Many churches and non-profits operate food pantries that offer groceries to the public. These often require you to live within a specific service area (e.g., a parish boundary) and may ask for a photo ID and proof of residence (like a utility bill), so it's best to call ahead.

**Catholic Charities San Antonio** - St. Stephen's CARE Center Food Pantry: Offers a client-choice food pantry where clients can shop for groceries for free. They also provide other emergency assistance.

Address: 2127 S. Zarzamora St., San Antonio, TX 78207

Phone: (210) 226-6178

**Family Service - Presa Community Center:** Operates an Emergency Food Pantry for individuals and families in crisis.

Address: 3721 S. Presa St. San Antonio, Tx 78210

**The Salvation Army San Antonio:** Provides free food through pantries and meals, along with other social services.

Phone: (210) 224-5569

**H.O.P.E. Help Other People Eat – Rivers of Hope Ministries:** A community food pantry that often operates on a walk-up, no-appointment basis (check their calendar for specific days/times).

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Address: 7804 Eckhert Rd, San Antonio, TX 78240 (inside Grace Fellowship Baptist Church)

**Christian Assistance Ministry (CAM)**: Provides groceries, clothing, and other services. Groceries are often available once every two months per family.  
Locations: 110 McCullough Ave & 5048 Zavala (check their site for specific service details and hours)

**Little Free Pantries / Community First Food Pantries**: These are smaller, self-service pantries designed to provide non-perishable items 24/7 in various community locations. No ID or appointment is required.

**Meals on Wheels San Antonio**: This program delivers free, nutritious meals to homebound seniors and on a limited basis, disabled individuals under 60 who are unable to cook or leave their homes.  
Phone: (210) 735-5115

**St. Vincent de Paul Society**: Offers food assistance, clothing, and other resources.  
Phone: 210-223-1200