

SMASH Dance Fitness provides fun & unique styles of dance & fitness classes to suit the entire family.

SMASH originated in Las Vegas, but the military brought us to San Antonio. Our main studio is located at 6709 Bandera rd. You can check additional classes at smash [dance.net](http://smashdance.net)

As WestCreek Home owners, we chose to provide fun children classes here in our very own community.

SMASH at WestCreek is a non-intimidating positive outlet for kids to give them an introduction to dance. SMASH works closely with the community and provides 2 showcases a year for charity.

www.smashdance.net
www.nusmashproject.org
210-201-2873

**West Creek
Creative Dance Class
Ages 3-5
Every Monday
6pm -6:45pm
First Class FREE!**



www.smashdance.net
www.nusmashproject.org
210-201-2873

**NOW OFFERING
ADULT MIXXED FIT!
MONDAYS 7PM!
FIRST CLASS FREE!**



**KIDS CREATIVE DANCE
AGES 3-5 YRS.
FIRST CLASS FREE**

**KIDS DANCE FOR GREAT CAUSES AT
OUR SMASH SHOWCASE FOR
CHARITY EVERY YEAR!**

**NOW OFFERING ADULT MIXXED FIT
CLASS EVERY MONDAY 7PM!
(HIPHOP CARDIO)**

FOR MORE INFO:
210-201-2873
WWW.SMASHDANCE.NET
WWW.NUSMASHPROJECT.ORG

West Creek Creative Dance Class Ages 3-5 Every Monday 6pm -6:45pm

CREATIVE DANCE CLASS FOR CHILDREN AGES 3-5 PROVIDES A FUN WAY TO LEARN THE FOUNDATION OF DANCE, MUSIC TIMING, AND FUN CHOREOGRAPHIES. THE CLASS TEACHES FOCUS, AND COORDINATION, WHILE COMBINING MOVEMENTS TO MUSIC THAT IS FUN FOR ALL

NOW OFFERING

ADULT MIXXED FIT

MONDAYS 7PM-7:45PM

FIRST CLASS FREE!

MixedFit® is a people-inspired dance fitness program that is a mix of explosive dancing and boot camp toning. Everything about our dance fitness program can be described as explosive – all of our movements are always big, exaggerated, full-out, and our very best. ALL Levels Welcomed!

First Class FREE!



RATES

Creative Dance

-Session thru 5/21/17 \$169

-PER CLASS \$12

non-westcreek residents add 10%

MIXXED FIT

(starts 2/6/17)

-PER CLASS \$8

-MONTHLY \$25

**Registration is done at westcreek office during their hours Mon-Fr. 10-5

www.smashdance.net

www.nusmashproject.org

210-201-2873

A COMMUNITY BASED PROGRAM

KIDS DANCE FOR GREAT CAUSES AT OUR SMASH SHOWCASE FOR CHARITY EVERY YEAR!

MIXXED FIT STUDENTS WORKOUT AND GET FIT FOR GREAT CAUSES! ALL PROCEEDS GOES TO NUSMASHPROJECT.ORG

CLASSES ARE HELD HERE AT WESTCREEK COMMUNITY CENTER. FIRST CLASS FREE TO TRY. AFTER TRIAL, REGISTER AT WESTCREEK OFFICE DURING REGULAR OFFICE HOURS M-F 9-5

BRING THIS FLYER FOR YOUR FREE CLASS!

FOR MORE INFO:

210-201-2873

WWW.SMASHDANCE.NET

WWW.NUSMASHPROIECT.ORG