

Professor Coach LaTanya Eggleston, MA, ACC

What is your greatest communication challenge right now?

What are you celebrating?

Working with a Communications Skill Coach can support your growth from point A to point B with powerful questions like "What is possible?" and more!

Hello, I am Professor LaTanya Eggleston, your International Coaching Federation Certified Coach. Click here to schedule a coaching session and or to sign up for our upcoming self-care workshops/retreats.

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Here's to continued impact and "Fostering Positivity", Redefine U, Episode 29

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Sponsorship Opportunities: If you or your business are interested in becoming a sponsor for the NAMI Walks Your Way 2022 Campaign, then please email your sponsorship details request to relaxingresolutionsassociates@gmail.com

"It is one's duty to make the most of the best that is in him/her."
~Duncan Stuart