

Get to Know Director of Doctor Relations Dr. Quy Nguyen



What inspired you to become an OD?

I was inspired when I shadowed a private practice optometrist in college. What stood out to me about the role was a versatile combination of being able to protect and enhance people's sight (we can argue this is probably the most important sense!) and having many career options to choose from while striking a good balance of work and life. In addition, optometry provides ODs the opportunity to connect with their patients every day and make a difference in their communities.

Tell us about your role as Director of Doctor Relations at VSP Vision.

I joined VSP in 2024 and am responsible for developing programs designed to support the needs of doctors throughout various stages of their careers. My team works closely with schools of optometry to support students and early-career ODs through scholarships, travel grants, job placement, career entry resources, and leadership development. In addition, my team manages our OD student loan repayment program that provides selected ODs with up to \$200,000 in debt relief if they commit to working at a practice in an underserved community – I wish this program existed when I graduated! Before coming to VSP, I spent almost a decade at SUNY College of Optometry building pipelines for students entering the profession and supporting them on their career path. I'm excited to take my prior experiences to now develop VSP programs that enhance an optometrist's professional journey.

What does VSP Vision do to support doctors and patient flow to VSP network practices?

In addition to supporting optometry students and early-career ODs with student loan repayment and career development programs, VSP continues to deliver valuable programs and resources for network private practices. For example, VSP Premier Edge offers private practices several benefits, including training and education, recruiting and hiring OD

talent, and marketing consultations. And for PECAA Max members, the VSP Vision Exam Rebate gives them the opportunity to receive up to \$60,000 in rebates throughout 2025. We know patient care is the most important thing for network doctors. VSP promotes the importance of eye health and care from a VSP network doctor to more than 85 million Vision Care members each year. As I settle into my new role at VSP, I also hope to look at how we might address supporting doctors (and patients) in health care deserts where access is such a big issue.

What excites you about the future of optometry?

The many students whom I've had the blessing to serve are so compassionate, so tech savvy, and so well-rounded. I'm excited to see where they take the profession – they are our future!

What's the one thing you want doctors to remember about VSP?

I've been extremely fortunate to have had the opportunity to serve patients in a clinical setting, and then serve the future of optometry in an academic setting. Now, in an industry setting, I am learning about VSP and how the business must constantly evolve to meet the changing needs of doctors and patients. It's been eye-opening, and what I can tell you is that VSP will continue to support private practice ODs and the long-term success of the profession.

Dr. Quy Nguyen
Director of
Doctor Relations



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